

STUDENTS AND COLLEGE ATHLETICS



AGENDA



- Where to Start
- NCAA Eligibility
- Marketing Yourself
- Timeline
- Resources
- Questions



BENEFITS OF COLLEGE ATHLETICS



- Sense of Connectedness
- Health and Fitness
- Support – Social and Academic
- Retention and Graduation
- Life Skills
- Networking



WHERE TO START



- Resources: Parents, coaches, school counselor, SHS athletic department, alum student- athletes, parents/friends that have gone through the process
- Academics should be first priority - Broken leg test
- Size, location, facilities, cost, majors, etc.
- Athletic and academic standards – Are you a good fit? What Division: I, II, or III?

	Men's Basketball	Women's Basketball	Football
High School Student-Athletes	550,305	430,368	1,057,382
NCAA Student-Athletes	17,712	16,532	73,063
Percent High School to NCAA	3.2%	3.8%	6.9%
NCAA Student-Athletes Drafted	50	34	253
Percent NCAA to Professional	1.2%	0.9%	1.6%

THE NCAA



- The NCAA functions as a general legislative and administrative authority for men's and women's intercollegiate athletics. It formulates and enforces the rules of play for various sports and the eligibility criteria for athletes.
 - Division I: Generally have more students and larger athletic departments. Schools in this division can give athletic scholarships.
 - Division II: Emphasize a life balance in which academically and athletically gifted students can compete at a high level. This division can give athletic scholarships.
 - Division III: The sports seasons are shorter reducing time away from academic studies and other campus activities. This division cannot give athletic scholarships.

DIVISION I INITIAL ELIGIBILITY



For students to be eligible to compete in NCAA sports during their first year at a Division I school, they must graduate high school and meet **all** the following requirements:

Complete 16 core courses:

- 4 years of English
- 3 years of Math (Algebra I or higher)
- 2 years of Natural/Physical Science (1 year of lab science if offered)
- 1 additional year of English, Math, or Natural/Physical Science
- 2 years of Social Science
- 4 additional years of English, Math, Science, Social Science, Foreign Language, comparative Religion or Philosophy
- Complete 10 core courses, including seven in English, Math or Natural/Physical Science, before the start of their 7th semester.
- Earn at least a 2.3 GPA in their core courses



DIVISION I INITIAL ELIGIBILITY – ACADEMIC REDSHIRT



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- Students who enroll full time at a Division I school and have not met all the Division I academic requirements, may not compete in their first year at college
 - They could however, qualify as an academic redshirt allowing them to practice during their first term in college and receive an athletics scholarship for the entire year
 - To qualify for an academic redshirt the student must graduate high school and meet all the following requirements:
 - Complete the 16 core courses
 - Earn at least a 2.0 GPA in core courses

DIVISION II INITIAL ELIGIBILITY



For students to be eligible to compete in NCAA sports during their first year at a Division II school, they must graduate high school and meet **all** the following requirements:

- Complete 16 core courses:
 - 3 years of English
 - 2 years of Math (Algebra I or higher)
 - 2 years of Natural/Physical Science (1 year of lab science if offered)
 - 3 additional year of English, Math, or Natural/Physical Science
 - 2 years of Social Science
 - 4 additional years of English, Math, Natural/Physical Science, Social Science, Foreign Language, comparative Religion or Philosophy
- Earn at least a 2.2 GPA in their core courses



DIVISION II INITIAL ELIGIBILITY – PARTIAL QUALIFIER



- Students who enroll full time at a Division II school, and have not met all the Division II academic requirements, may not compete in their first year at college
- They could however meet the requirements to be a Partial Qualifier, allowing them to practice during their first term in college and receive an athletics scholarship for the entire year
- To be a Partial Qualifier the student must graduate high school and meet all the following requirements:
 - Complete the 16 core courses
 - Earn at least a 2.0 GPA in core courses

DIVISION III INITIAL ELIGIBILITY



- If a student is planning to attend a Division III school, they do not need to register with the NCAA Eligibility Center
- Division III schools set their own admissions and eligibility standards



THE NCAA'S GPA



- The NCAA Eligibility Center calculates core course GPAs based on the grades students earn in NCAA-approved Core Courses.
- GPAs are calculated on a 4.000 scale
- The NCAA Eligibility Center does not use plus or minus grades
 - Numeric grades such as 92 or 87 are changed to letter grades such as A or B
- Weighted honors or Advanced Placement courses are not calculated in a student's core course GPA

NCAA ELIGIBILITY CENTER STUDENT REGISTRATION

Online Registration

- Typically takes 45 minutes to register completely

Account Creation

- Need to provide a valid email address which will remain active after they graduate from high school
- If the student has a sibling registered with the NCAA Eligibility Center the email address has to be a different email address than the one on their sibling's account

About Me

- Students enter their name, address, date of birth and gender

My Coursework

- Enter name and location of the high school the student currently attends and any high schools attended in the past
- Include information about courses taken through other programs, such as an online school or credit recovery program

My Sport

- Select the sport(s) the student plans to participate in at the NCAA Division I or II level
- Provide information on any teams the student participates in outside their high school and events they have participated in during their high school career

**Registration Fee: \$90 for students in the United States, U.S. territories and Canada.
\$150 for all other international students**

HOW DO I GET NOTICED?



- Complete Prospective Student-Athlete Questionnaires on school's athletic websites
- Email and send a letter to college coaches (and assistants)
- Participate in college showcases, camps, and clinics
- Create a sports resume that highlights athletics, academics, and citizenship
- Make a highlight video
- Ask your coach to contact a college coach on your behalf

Annie Athlete
Volleyball Information

1234 Main Street; Simsbury, CT 06070
Telephone: (123)-456-7890; annieathlete@e-mail.com

High School: Simsbury High School
34 Farms Village Road
Simsbury, CT 06070
860-658-0451

Height: 5'10"

Weight: 147 lbs

Vertical: 22"

GPA: 3.67 on a 4.0 scale (weighted)

Graduation date: June 2017

Conference: Central Connecticut Conference West Division & Connecticut Interscholastic Athletic Conference

Position: Setter

Jersey: #4 Dark/ # 7 Light

Varsity Starter: 2 years

Awards/Honors: Rookie of the Year (2013)
All Conference (2013, 2014)
All State (2014)
Classic Tournament MVP (2014)

Other Experience: AAU Volleyball (2012- Present)
Farmington Valley Volleyball Camp (2012-2013)
Hartford State Summer Volleyball Camp (2014)

High School Coach: Jane Smith
Cell: 987-654-3210
headcoach@email.com

AAU Coach: John Wilson
Cell: 876-543-2109
aaucoach@e-mail.com

HOW TO MAKE A VIDEO



- General Tips – High quality. Keep it brief. Note jersey color and number. Zoom in if possible. Full game if asked for.
- Softball – mechanics, hitting, fielding, throwing, 4 minutes of plays
- Soccer – under 10 minutes. Dynamic plays in first 30 seconds.
- Football – 3 minutes of quality plays. Wow plays first.
- Basketball – Short highlight video. Coach may ask for full game.

FRESHMAN YEAR



- Check in with your school counselor regarding your course selections and NCAA core requirements
- Start high school with strong academics – these grades will matter
- Have conversations with your coaches, both high school and club or AAU
- Start participating in camps, clinics, exposure tournaments, college showcases
- If you are traveling during this year check out different college campuses

SOPHOMORE YEAR



- Maintain academics and conversations with your school counselor
- Start doing research on colleges you may be interested in
 - Research current roster, watch games and style of play, research tenure of coach and coaching changes
- Reach out to coaches at programs you are interested in
- Attend camps, ID clinics, showcases
- Consider registering with the NCAA Eligibility Center

JUNIOR YEAR



- Register for NCAA Eligibility Center
- Continue to do research on school of interest, attend games, participate in showcases, camps, etc.
- Go on unofficial visits – contact a coach to set up a tour and/or meeting
 - Official college visits – check NCAA website for specifics regarding your sport
- Make sure your transcript is sent to the NCAA Eligibility Center at the end of the school year
- Send SAT or ACT scores to the NCAA Eligibility Center – NCAA code: 9999

SENIOR YEAR



- Ensure Junior Year transcript was sent to the NCAA Eligibility Center
 - Visit “My Planner” page in your NCAA Eligibility Center account
- Follow college application process with your school counselor
- Official college visits – check NCAA website for specifics regarding your sport
- Maintain strong academics
- Review NCAA policies on banned drugs and substances – check when completed
- Complete amateurism questionnaire
- Ensure final transcript with proof of graduation is sent to the NCAA Eligibility Center

SCHOLARSHIPS



- Only about 2 percent of high school athletes are awarded athletics scholarships
- Division I full scholarships provide tuition and fees, room and board, books and other expenses related to the cost of living
 - Scholarships can be yearly or multi-year
 - May also pay for student-athlete to finish their bachelor's or master's degrees after they finish playing NCAA sports
- Division II full scholarships provide tuition and fees, room, board and course related books and supplies
- **Most student-athletes who receive athletic scholarships receive an amount covering a portion of these costs – a Partial Scholarship**

SCHOLARSHIPS



- DI Football – 85 scholarships for 90-100 players
- DI Women's Basketball – 13 scholarships for 15 players
- DI Men's Baseball – 11.7 scholarships for 25-40 players
- DI Women's Lacrosse – 12 scholarships for 30-40 players
- DI Men's Track & Field – 12.6 scholarships for 60-80 athletes
- DII Football – 36 scholarships for 60-80 players
- Ivy League and DIII – No athletic scholarships

NATIONAL LETTER OF INTENT



- A National Letter of Intent is signed by the student-athlete, agreeing to attend a Division I or II college for one academic year
- Participating colleges agree to provide financial aid for a minimum of one academic year to the student-athlete as long as they are admitted to the school and are eligible for financial aid under NCAA rules
- Signing an NLI ends the recruiting process, schools are prohibited from recruiting student-athletes who have already signed an NLI



HELPFUL LINKS



- <https://www.ncsasports.org/>
- www.eligibilitycenter.org
- www.ncaa.org/playcollegesports
- www.nationalletter.org
- www.simsbury.k12.ct.us
 - Simsbury High School
 - School Counseling – NCAA

CLOSING THOUGHTS



- Consider the benefits of playing a sport in college
- Start early
- Students take pro-active role in recruiting
- Find the right fit
- Clean up social media
- Be aware of NCAA Eligibility requirements
- Athletic Scholarships (vs. other ways to get money from schools)
- Seek help from coaches and counselors

**ANY
QUESTIONS?**