



## 2024 SHS Girls Varsity Tennis

Coach Keppel

Contact Information: Email [lkeppel@simsburyschools.net](mailto:lkeppel@simsburyschools.net)

Assistant Coach Swenson

Please see complete school policies on the Simsbury High School Athletics website

Players should register with Remind for the latest information for team communications.



Follow Coach Keppel on Instagram @simsburygirlstennis

**\*\*Evaluations** begin on Saturday, March 16th, 2024 @ 12:00 2:00 PM –  
weather permitting @ SHS Courts – Evaluations continue Mon - Thurs,  
March 18-21.

Players will be notified on Friday, 3/22 of evaluation results.

### **\*Fundraisers**

- SNAP!Raise
- BAKE SALE – Date TBA

**\*TEAM TRIP** -International Tennis Hall of Fame – Newport, Rhode Island!

Lunch and Cliff walk after guided tour.

Travel by bus on Saturday, March 23rd

## Expectations

- You must have all paperwork and physical forms completed and submitted to the Athletic office prior to the 1st day of Team evaluations.
- This is a Varsity sport; we are always working to improve our game.
  - Jr Varsity assignment will be for developmental match play.
  - Players are expected to be proficient with overall tennis knowledge, i.e., tennis skills, scoring, rules of the game, terminology and have court awareness.
- Each athlete is expected to arrive at the team session on time and to be prepared in appropriate athletic attire, which includes layers for warmth, water bottle and TENNIS Shoes, (not running or cross training) and RACQUET. Please get your racquet strung with new strings prior to 1<sup>st</sup> day.

**ATTENDANCE will be taken daily.**

Coaches will be evaluating each athlete for the following Tennis skills.

- Forehand
- Backhand
  - Serve
  - Volley
- Overhead
  - Scoring
- Footwork
- Court movement and awareness
  - Punctuality and attendance
- Athleticism, ATTITUDE and SPORTSWOMANship