

**2023 SHS Girls Varsity Tennis**

**Coach Keppel**

**Contact Information: Email** **lkeppel@simsburyschools.net**

**Assistant Coach Swenson**

**Please see complete school policies on the Simsbury High School Athletics website**

**Players should register with Remind for latest** i**nformation for team communications.**

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**Follow Coach Keppel on Twitter @girlstennisSHS**

**\*\*Evaluations begin on Saturday, March 18th, 2023 @ 12:00 2:00 PM – weather permitting @ SHS Courts – Evaluations continue Mon - Thurs, March 20-23.**

**Players will be notified on Friday, 3/24 of evaluation results.**

**\*Fundraisers**

* **SNAP!Raise**
* **BAKE SALE – Date TBA**

**\*TEAM TRIP -International Tennis Hall of Fame – Newport, Rhode Island!**

**Lunch and Cliff walk after guided tour.**

**Travel by bus on Friday, March 17th – Professional Development Day**

**Expectations**

**• You must have all paperwork and physical forms completed and submitted to the Athletic office prior to the 1st day of Team evaluations.**

**• This is a Varsity sport; we are always working to improve our game.**

* **Jr Varsity assignment will be for developmental match play.**

**• Players are expected to be proficient with overall tennis**

**knowledge, i.e., tennis skills, scoring, rules of the game,**

**terminology and have court awareness.**

**• Each athlete is expected to arrive to the team session on time and to be prepared in appropriate athletic attire, which includes layers for warmth, water bottle and TENNIS Shoes, (not running or cross training) and RACQUET. Please get your racquet strung with new strings prior to 1st day.**

**ATTENDANCE will be taken daily.**

**Coaches will be evaluating each athlete for the following Tennis skills.**

* **Forehand**
* **Backhand**
* **Serve**
* **Volley**
* **Overhead**
* **Scoring**
* **Footwork**
* **Court movement and awareness**
* **Punctuality and attendance**
* **Athleticism, ATTITUDE and SPORTSWOMANship**