

August 2017

SHS FOOTBALL

August 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Lift 8-10 DB, LB & DL Meeting	2	3 Lift 8-10	4 Lift 8-10	5
6	7 Senior Equipment 1-3 Lift 8-10	8 Junior Equipment 1-3 Lift 8-10 DB & LB Meeting	9	10 Soph Equipment 1-3 Lift 8-10	11 Frosh Equipment 10-12 Lift 8-10	12
13	14 Camp – 1 Defense 400 - 730 Lift 8-10 Equipment 8-11	15 Camp – 2 Offense 400 - 730 Lift 8-10 Equipment 8-11	16 Camp – 3 Defense 400 - 730 Equipment 8-11	17 Camp – 4 Offense 400 - 730 Lift 8-10	18 Camp – 5 Defense 400 - 730 Lift 8-10	19 Camp – 6 Offense 9:30-12:30 Picnic Camp – 7 Defense 3:30-6:30
20 OFF	21 Camp – 8 Offense 400 - 730 Lift 8-10	22 Camp – 9 Defense 400 - 730 Lift 8-10	23 Scrimmage Gilbert & NWC 500-730	24 Camp – 10 Offense 400 - 730 Lift 8-10	25 Camp – 11 Defense 400 - 730 Lift 8-10	26 Scrimmage Xavier & Wethersfield 900-12
27 OFF	28 Camp – 12 Offense 415-630	29 Camp – 13 Defense 415-630	30 Camp – 14 Practice w/ WCA 600-800	31 Camp – 15 Offense 415-630	Notes:	