



# QPR

*Question. Persuade. Refer.*



Three simple steps that anyone can learn to help save a life from suicide.

## **Includes Narcan training to reverse opioid overdose**

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Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to:

- Recognize the warning signs of a suicide crisis
  - Question, persuade, and refer someone who may be suicidal
  - Get help and save a life
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Sign-Up Today!

**April 9, 2025 ▪ 6 - 7:30PM**  
**FVHD Training Rooms**  
**95 River Road, Canton**

**Scan code to register ----->**



Questions? Reach the instructor at  
jginsberg@fvhd.org or 860-352-  
2333 x212

<https://fvhd.org/community-health/courses/#signup>