



Youth Mental Health First Aid is a course that teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18.

FREE TRAINING:

- **WHEN:** March 21st and 28th
5-8:30PM
 - **Must attend BOTH SESSIONS** to receive certification
- **WHERE:** FVHD Office, 95 River Road, Canton

Light refreshments provided



Questions?
jginsberg@fvhd.org



Scan to RSVP