

Farmington Valley Health District COVID-19 Decision Tree

Updated 9-3-2021

If there has been a **known exposure**
but **no symptoms**

Unvaccinated

QUARANTINE

Without a Test:

Quarantine for **10 days**

Test Out Option:

(Does not apply to daycare)

Seek testing (PCR preferred)
5 days after last known
exposure, or **sooner if**
symptoms begin

If negative and no symptoms,
may end quarantine after
day 7

Vaccinated

2 weeks after final shot in
series (not including booster)

Do **not** have to
quarantine
as long as no
symptoms

Recommend testing
(PCR preferred) **3-5**
days after last
exposure

Remain masked in
public at all times for
at least 14 days from
exposure

Monitor for
symptoms and re-
test immediately if
symptoms develop

In the event of **one or more symptoms** regardless of vaccination status: **GET TESTED IMMEDIATELY**

- ## What is considered a symptom?
- Feeling run down/tired
 - Allergy symptoms, including congestion, runny nose, or sore throat
 - Fever
 - Cough
 - Nausea or vomiting
 - Diarrhea
 - Muscle/Body aches
 - Headache
 - Shortness of breath or difficulty breathing

A **Rapid** test will return results in under 1 hour

Positive:
Isolate x10 days

Negative:
Seek PCR

A **PCR** test will return results in 2-3 days

While results are pending, **STAY HOME**

Positive:
Isolate x10 days from symptom onset

Negative:
May return to work/school/daycare per your institution's protocol*
*often 24 hours after symptoms are resolved without medication