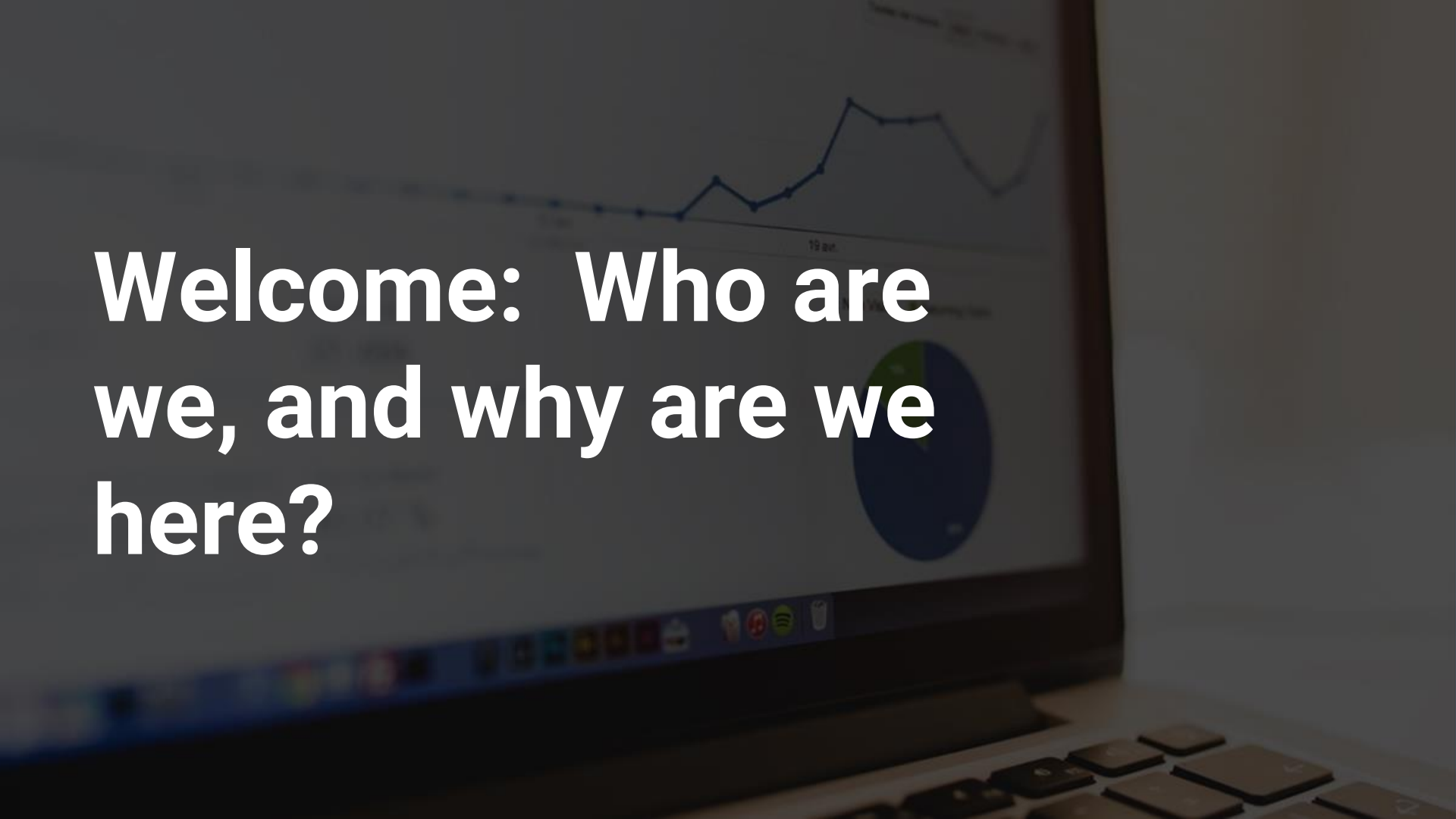


Simsbury Public Schools

- Simsbury High School
- Henry James Memorial School
- Elementary Schools

Leadership Team Focus: Rethinking School Start Times



A laptop screen is shown in a dimly lit environment. The screen displays a line graph with a blue line and a globe. The text 'Welcome: Who are we, and why are we here?' is overlaid on the screen in a large, white, sans-serif font. The laptop keyboard is visible at the bottom of the frame.

**Welcome: Who are we
we, and why are we
here?**

Our goal:

Identify the potential benefits and questions associated with moving our high school/middle school start times later in the morning.

Overview of our work:

September:

- Getting Started...Why Consider Making the Change?
- Student/Parent/Faculty Survey

November 30 : Debrief/Sleep Expert

January 25: Athletics and Extracurriculars

March 29: Transportation

May 24: Benefits/Questions

Long Range Planning

How might a change in start time occur *if our exploration shows that the benefits outweigh our questions?*



Current School Start Times

SCHOOL	START and END TIMES
Simsbury High School	7:32 a.m. - 2:10 p.m.
Henry James Memorial School	7:32 a.m. - 2:10 p.m.
Central School	8:15 a.m. – 2:50 p.m.
Latimer Lane School	8:15 a.m. – 2:50 p.m.
Tariffville School	8:15 a.m. – 2:50 p.m.
Tootin' Hills School	8:15 a.m. – 2:50 p.m.
Squadron Line School	8:45 a.m. – 3:20 p.m.

What might a
change look
like...

To be determined...

As We Learn More, Our List Will Grow...

Potential Benefits:

Questions:

We are not
alone

Connecticut District Investigating School Start Times:

- Simsbury
- West Hartford
- Others?

Districts That Have Altered School Start Times:

- Greenwich
- Newtown
- Wilton
- Newton, Massachusetts

Why Consider Making the Change?

https://www.youtube.com/watch?v=G0Zj_InJ4BQ

As We Learn More, Our List Will Grow...

Potential Benefits:

Questions:

Other sources of information...

Group 1

Reading 1

Group 2

Reading 2

Group 3

Reading 3

Group 4

Reading 4

Actions

- Each group reads article
- Come prepared to discuss benefits and pose questions at November meeting

Needs following this meeting:

- Subcommittee needed to develop surveys
- Surveys distributed In October
 - Parents
 - Students
 - Teachers
- Results summarized - ready to be presented at November meeting



See you at our next meeting in November!

Thursday 11/30
@6:30pm