






Simsbury High School - Grades 9 - 12

January 29 - February 2, 2024

Menu Subject to Change.

DAILY CHOICES	Monday - 1/29	Tuesday - 1/30	Wednesday - 1/31	Thursday - 2/1	Friday - 2/2
1 Today's Trojan Lunch 	Crispy Chicken Tenders With Dipping Sauce Mashed Potato & Gravy Corn Fruit of the Day Milk	Chicken and Cheese Burrito With Salsa & Sour Cream Refried Beans Fruit of the Day Milk	Lasagna Roll Ups Garlic Breadstick Seasoned Green Beans Fruit of the Day Milk	Bacon Cheeseburger On a Whole Grain Roll Pasta Salad Fruit of the Day Milk	Choose From Assorted Pizza Varieties Tossed Salad With Dressing Fruit of the Day Milk
2 Deli on Wheat Bread 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll OR Beef Taco w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Beef Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Beef Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk
5 Farm Fresh Salads, Wraps, Parfaits 	<ul style="list-style-type: none"> • Specialty Salad: Tropical Chicken • Specialty Wrap: Pesto Chicken • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Tropical Chicken • Specialty Wrap: Pesto Chicken • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Tropical Chicken • Specialty Wrap: Pesto Chicken • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Tropical Chicken • Specialty Wrap: Pesto Chicken • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Tropical Chicken • Specialty Wrap: Pesto Chicken • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk

Lunch is \$4.00 or Free for those who qualify. Please pay by cash, Check (made out to Simsbury Public Schools Cafeterias) or on-line at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A la carte items is also available for purchase daily.

Breakfast is free for all students for the 2023/2024 school year. BREAKFAST IS SERVED DAILY IN THE CAFETERIA