





# Simsbury High School - Grades 9 - 12

## January 22 - 26, 2024

Menu Subject to Change.

DAILY CHOICES	Monday 1/22	Tuesday 1/23	Wednesday 1/24	Thursday 1/25	Friday 1/26
<b>1</b> <b>Today's Trojan Lunch</b> 	Chicken Corn Dog Savory Baked Beans Dinner Roll Rainbow Fruit Tray Milk	Waffle Sticks With Sausage Links Hash Brown Rainbow Fruit Tray Milk	Whole Grain Pasta With Meatballs & Sauce Garlic Knot, Garden Salad Fruit & Veggie of the Day Milk	Chicken Fajita's With Salsa & Sour Cream Fiesta Rice Rainbow Fruit Tray Milk	Personal Pan Pizza Marinated Cucumber Salad Rainbow Fruit And Veggie Tray Milk
<b>2</b> <b>Deli on Wheat Bread</b> 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk
<b>3</b> <b>Caterina's Chicken &amp; Pizza</b> 	Chicken Patty on a Roll <b>OR</b> Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <b>OR</b> Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <b>OR</b> Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <b>OR</b> Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <b>OR</b> Pizza  Fruit & Veggie of the Day Milk
<b>4</b> <b>Tom's Grill and Specialties</b> 	Hamburger or Cheeseburger on a Roll <b>OR</b> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <b>OR</b> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <b>OR</b> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <b>OR</b> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <b>OR</b> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day
<b>5</b> <b>Farm Fresh Salads, Wraps, Parfaits</b> 	<ul style="list-style-type: none"> <li>• Specialty Salad: Taco</li> <li>• Specialty Wrap: Turkey BLT</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>• Specialty Salad: Taco</li> <li>• Specialty Wrap: Turkey BLT</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>• Specialty Salad: Taco</li> <li>• Specialty Wrap: Turkey BLT</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>• Specialty Salad: Taco</li> <li>• Specialty Wrap: Turkey BLT</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>• Specialty Salad: Taco</li> <li>• Specialty Wrap: Turkey BLT</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day

Lunch is \$4.00 or Free for those who qualify. Please pay by cash, Check (made out to Simsbury Public Schools Cafeterias) or on-line at [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com). Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A la carte items is also available for purchase daily.

Breakfast is free for all students for the 2023/2024 school year. BREAKFAST IS SERVED DAILY IN THE CAFETERIA