






This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

September 5 - 9, 2022

Menu Subject to Change.

DAILY CHOICES	Monday 9/5	Tuesday 9/6	Wednesday 9/7	Thursday 9/8	Friday 9/9
1 Today's Trojan Lunch 	LABOR DAY NO SCHOOL	Crispy Chicken Patty On a Whole Grain Roll Oven Fries Fruit and Veggie of the Day Milk	Meatball and Mozzarella Grinder Garden Salad Fruit and Veggie of the Day Milk	All Beef Hot Dog On a Bun Baked Beans Fruit & Veggie of the day Milk	Personal Pan Cheese Pizza Fruit & Veggie of the Day Milk
2 Deli on Wheat Bread Roll or Wrap add \$0.25 		Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk
3 Caterina's Chicken & Pizza 		Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk
4 Tom's Grill and Specialties 		Hamburger/ Cheeseburger Or Veggie Burger OR Beef Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger/ Cheeseburger Or Veggie Burger OR Beef Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger/ Cheeseburger Or Veggie Burger OR Beef Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger/ Cheeseburger Or Veggie Burger OR Beef Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk
5 Farm Fresh Salads, Wraps, Parfaits 		<ul style="list-style-type: none"> ● Specialty Salad: Chef's Choice ● Specialty Wrap: Chef's Choice ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> ● Specialty Salad: Chef's Choice ● Specialty Wrap: Chef's Choice ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> ● Specialty Salad: Chef's Choice ● Specialty Wrap: Chef's Choice ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> ● Specialty Salad: Chef's Choice ● Specialty Wrap: Chef's Choice ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk

Lunch is at NO charge for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

Breakfast is NO charge for all students. BREAKFAST IS SERVED DAILY IN THE CAFETERIA