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# Simsbury High School - Grades 9 - 12

## September 26 - 30, 2022

Menu Subject to Change.

DAILY CHOICES	Monday 9/26	Tuesday 9/27	Wednesday 9/28	Thursday 9/29	Friday 9/30
<b>1</b> Today's Trojan Lunch 	NO SCHOOL ROSH HASHANAH	Grilled Chicken Club Sandwich Sweet Potato Fries Fruit of the Day Milk	Cinnamon French Toast Chicken Sausage Hash Brown Fruit of the Day Milk	Mini Corn Dog Nuggets Corn Cobbette Baked Beans Fruit of the Day Milk	Stuffed Crust Pizza Fresh Broccoli With Dip Fruit of the Day Milk
<b>2</b> Deli on Wheat Bread Roll or Wrap add \$0.25 	NO SCHOOL ROSH HASHANAH	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk
<b>3</b> Caterina's Chicken & Pizza 	NO SCHOOL ROSH HASHANAH	Chicken Patty on a Roll OR Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza  Fruit & Veggie of the Day Milk
<b>4</b> Tom's Grill and Specialties 	NO SCHOOL ROSH HASHANAH	Hamburger/ Cheeseburger Or Veggie Burger OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger/ Cheeseburger Or Veggie Burger OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger/ Cheeseburger Or Veggie Burger OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger/ Cheeseburger Or Veggie Burger OR Beef Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk
<b>5</b> Farm Fresh Salads, Wraps, Parfaits 	NO SCHOOL ROSH HASHANAH	<ul style="list-style-type: none"> <li>● Specialty Salad: Tropical Chicken</li> <li>● Specialty Wrap: Pesto Chicken</li> <li>● Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>● Specialty Salad: Tropical Chicken</li> <li>● Specialty Wrap: Pesto Chicken</li> <li>● Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> <li>● Specialty Salad: Tropical Chicken</li> <li>● Specialty Wrap: Pesto Chicken</li> <li>● Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> <li>● Specialty Salad: Tropical Chicken</li> <li>● Specialty Wrap: Pesto Chicken</li> <li>● Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day Milk

Lunch is at NO charge for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

Breakfast is NO charge for all students. BREAKFAST IS SERVED DAILY IN THE CAFETERIA