






This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

September 12 - 16, 2022

Menu Subject to Change.

DAILY CHOICES	Monday 9/12	Tuesday 9/13	Wednesday 9/14	Thursday 9/15	Friday 9/16
1 Today's Trojan Lunch 	Teriyaki Chicken Bites Fried Rice & Fortune Cookie Broccoli Fruit of the Day Milk	Mozzarella Sticks With Marinara Sauce Garden Salad Fruit of the Day Milk	Pasta With Meatballs & Marinara Garlic Knot Fruit & Veggie of the Day of the Day Milk	Cheeseburger or Veggie Burger on a Whole Grain Roll Potato Tots Fruit of the Day Milk	French Bread Pizza Veggie Sticks W/ Hummus Fruit & Veggie of the Day Milk
2 Deli on Wheat Bread Roll or Wrap add \$0.25 	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk	Sandwich of the Day Fruit & Veggie of the Day Milk
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk
4 Tom's Grill and Specialties 	Hamburger/ Cheeseburger Or Veggie Burger OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger/ Cheeseburger Or Veggie Burger OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger/ Cheeseburger Or Veggie Burger OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger/ Cheeseburger Or Veggie Burger OR Beef Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger/ Cheeseburger Or Veggie Burger OR Beef Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk
5 Farm Fresh Salads, Wraps, Parfaits 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk

Lunch is at NO charge for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

Breakfast is NO charge for all students. BREAKFAST IS SERVED DAILY IN THE CAFETERIA