






This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

March 6-10, 2023

Menu Subject to Change.

DAILY CHOICES	Monday 3/6	Tuesday 3/7	Wednesday 3/8	Thursday 3/9	Friday 3/10
1 Today's Trojan Lunch 	Crispy Chicken Tenders Rice Pilaf Green Beans Fruit & Veggie of the Day Milk	Whole Grain Waffle Sticks W/Strawberries Hash Brown & Sausage Fruit & Veggie of the Day Milk	Pasta With Meat Sauce, Texas Toast Broccoli Fruit & Veggie of the Day Milk	All Beef Hot Dog With Chili Savory Baked Beans Fruit & Veggie of the Day Milk	Cheese Pizza Wedge Veggie Sticks With Hummus Fruit of the Day Milk
2 Deli on Wheat Bread 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk
5 Farm Fresh Salads, Wraps, Parfaits 	<ul style="list-style-type: none"> Specialty Salad: Chicken Caesar Specialty Wrap: Italian Combo Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> Specialty Salad: Chicken Caesar Specialty Wrap: Italian Combo Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> Specialty Salad: Chicken Caesar Specialty Wrap: Italian Combo Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> Specialty Salad: Chicken Caesar Specialty Wrap: Italian Combo Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> Specialty Salad: Chicken Caesar Specialty Wrap: Italian Combo Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk

Lunch is at NO charge for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA