






This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

March 27-31, 2023

Menu Subject to Change.

DAILY CHOICES	Monday 3/27	Tuesday 3/28	Wednesday 3/29	Thursday 3/30	Friday 3/31
1 Today's Trojan Lunch 	Popcorn Chicken Bowl With Mashed Potatoes Gravy & Corn Rainbow Fruit Tray Milk	Macaroni and Cheese Dinner Roll Broccoli Rainbow Fruit Tray Milk	Cheese Lasagna Roll Up With Sauce Garlic Knot, Tossed Salad Fruit & Veggie of the Day Milk	Sausage, Egg & Cheese on a Croissant Hash Brown Potatoes Rainbow Fruit Tray Milk	French Bread Pizza Veggie Sticks With Hummus Rainbow Fruit Tray Milk
2 Deli on Wheat Bread 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day
5 Farm Fresh Salads, Wraps, Parfaits 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Turkey BLT ● Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day

Lunch is at NO charge for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of other food components. A selection of ala carte items is also available for purchase daily.

BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA