




This Institution is an equal opportunity provider and employer

Henry James Memorial School - Grades 7 - 8

March 27-31, 2023

Menu Subject to Change.

DAILY CHOICES	MONDAY 03/27	TUESDAY 03/28	WEDNESDAY- 03/29	THURSDAY- 03/30	FRIDAY- 03/31
HJMS Lions Hot Lunch 	Popcorn Chicken Bowl With Mashed Potatoes Gravy & Corn w/ Fruit and Veggie Milk	Cheese Lasagna Roll Up With Sauce Garden Salad w/Fruit and Veggie Milk	Creamy Macaroni & Cheese Dinner Roll Steamed Broccoli w/Fruit & Veggie Milk	Sausage, Egg and Cheese on a Croissant Hash Brown Potatoes w/Fruit & Veggie Milk	French Bread Pizza With Assorted Toppings Veggie Sticks & Hummus w/Fruit & Veggie Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk	Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk	Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk	Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk	Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk
Salads w/Fruit & Milk 	Feature of the Week: Chicken Caesar w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Caesar w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Caesar w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Caesar w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Caesar w/Fruit & Veggie Assorted Milk
<p>*Milk (Other than with a meal) must be paid with cash or student account.* Lunch is NO CHARGE for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of ala carte items is also available daily.</p>					
BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA					