

This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

March 20-24, 2023

Menu Subject to Change.

DAILY CHOICES	Monday 3/20	Tuesday 3/21	Wednesday 3/22	Thursday 3/23	Friday 3/24
1 Today's Trojan Lunch 	Grilled Chicken Sandwich Lettuce & Tomato Potato Wedges Fruit of the Day Milk	Mozzarella Cheese Sticks With Marinara Sauce Tossed Salad Fruit of the Day Milk	Whole Grain Pasta With Meat Sauce Garlic Bread, Broccoli Fruit of the Day Milk	Cheeseburger on Whole Grain Roll Pickle Chips, Onion Rings Fruit of the Day Milk	Personal Pan Pizza Marinated Bean Salad Assorted Varieties of Veggie Sticks W/Dip Fruit Choice Milk
2 Deli on Wheat Bread or Wrap 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll or Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll or Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll or Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll or Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll or Pizza Fruit & Veggie of the Day Milk
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes Fruit & Veggie of the Day Milk
5 Farm Fresh Salads, Wraps, Parfaits 	Specialty Salad Chef's Choice Specialty Wrap Chef's Choice Yogurt, Fruit & Granola Parfait Fruit, Veggie & Milk	Specialty Salad Chef's Choice Specialty Wrap Chef's Choice Yogurt, Fruit & Granola Parfait Fruit, Veggie & Milk	Specialty Salad Chef's Choice Specialty Wrap Chef's Choice Yogurt, Fruit & Granola Parfait Fruit, Veggie & Milk	Specialty Salad Chef's Choice Specialty Wrap Chef's Choice Yogurt, Fruit & Granola Parfait Fruit, Veggie & Milk	Specialty Salad Chef's Choice Specialty Wrap Chef's Choice Yogurt, Fruit & Granola Parfait Fruit, Veggie & Milk

Lunch is at NO charge for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA