




This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

March 20-24, 2023

Menu Subject to Change.

DAILY CHOICES	MONDAY 03/20	TUESDAY 03/21	WEDNESDAY- 03/22	THURSDAY- 03/23	FRIDAY- 03/24
HJMS Lions Hot Lunch 	Chicken Sandwich With Lettuce/Tomato Potato Wedges w/Fruit and Veggie Milk	Mozzarella Cheese Sticks With Marinara Sauce Tossed Salad w/Fruit and Veggie Milk	Whole Grain Pasta W/ Meat Sauce, Garlic Knot Broccoli Florettes w/Fruit and Veggie Milk	Cheeseburger on a Whole Grain Roll Onion Rings W/Fruit and Veggie Milk	Personal Pan Pizza Marinated Bean Salad Assorted Veggies Fruit of the day Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Feature of the Week: Chicken Club w/Fruit and Veggie of the day Milk	Feature of the Week: Chicken Club w/Fruit and Veggie of the day Milk	Feature of the Week: Chicken Club w/Fruit and Veggie of the day Milk	Feature of the Week Chicken Club w/Fruit and Veggie of the day Milk	Feature of the Week: Chicken Club w/Fruit and Veggie of the day Milk
Salads w/Fruit & Milk 	Feature of the Week: Buffalo Chicken w/Fruit & Veggie Assorted Milk	Feature of the Week: Buffalo Chicken w/Fruit & Veggie Assorted Milk	Feature of the Week: Buffalo Chicken w/Fruit & Veggie Assorted Milk	Feature of the Week Buffalo Chicken w/Fruit and Veggie Assorted Milk	Feature of the Week: Buffalo Chicken w/Fruit & Veggie Assorted Milk
<p>*Milk(Other than with a meal) must be paid with cash or student account.* Lunch is NO CHARGE for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of ala carte items is also available daily.</p>					
<p>BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA</p>					