





This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

March 18 - March 22, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 03/18	Tuesday - 03/19	Wednesday - 03/20	Thursday - 03/21	Friday - 03/22
1 Today's Trojan Lunch 	General Tso's Chicken Fluffy Brown Rice Steamed Broccoli Rainbow Fruit Trays Assorted Milk	French Toast Sticks w/Maple Syrup Sausage Links Potato Puffs Dragon Punch Rain Assorted Milk	<i>Wednesday is Pasta Day!</i> Pasta w/Meatballs Garlic Bread Stick Garden Salad Steamed Italian Green Beans Rainbow Fruit Trays Assorted Milk	Cheese Quesadilla Pizza w/Salsa & Sour Cream Refried Beans Steamed Corn Rainbow Fruit Trays Assorted Milk	NO SCHOOL
2 Made to Order Deli on Wheat Bread Roll or Wrap add \$0.25 	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	NO SCHOOL
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	NO SCHOOL
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll OR BBQ Rib on a Roll w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll OR Beef Taco w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	NO SCHOOL
5 Farm Fresh Salads, Wraps, Parfaits & Salad Bar \$5.50/lb. 	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Pesto Chicken ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Pesto Chicken ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Pesto Chicken ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Taco ● Specialty Wrap: Pesto Chicken ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	NO SCHOOL

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! BREAKFAST IS SERVED DAILY IN THE CAFETERIA - \$2.00; \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.