

This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

March 13-17, 2023

Menu Subject to Change.

DAILY CHOICES	Monday - 3/13	Tuesday - 3/14	Wednesday - 3/15	Thursday - 3/16	Friday - 3/17
1 Today's Trojan Lunch 	Crispy Chicken Nuggets With Dipping Sauce Biscuit, Seasoned Corn Fruit of the Day Milk	Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Fruit of the Day Milk	Chicken Alfredo With a Twist, Dinner Roll Steamed Broccoli Fruit of the Day Milk	Beef and Cheese Taco Stick, Corn Muffin Black Bean Salad Fruit of the Day Milk	PROFESSIONAL DEVELOPMENT NO SCHOOL
2 Deli on Wheat Bread 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	PROFESSIONAL DEVELOPMENT NO SCHOOL
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll <i>OR</i> Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <i>OR</i> Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <i>OR</i> Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <i>OR</i> Pizza Fruit & Veggie of the Day Milk	PROFESSIONAL DEVELOPMENT NO SCHOOL
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	PROFESSIONAL DEVELOPMENT NO SCHOOL
5 Farm Fresh Salads, Wraps, Parfaits 	<ul style="list-style-type: none"> Specialty Salad: Tropical Chicken Specialty Wrap: Pesto Chicken Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> Specialty Salad: Tropical Chicken Specialty Wrap: Pesto Chicken Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> Specialty Salad: Tropical Chicken Specialty Wrap: Pesto Chicken Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> Specialty Salad: Tropical Chicken Specialty Wrap: Pesto Chicken Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	PROFESSIONAL DEVELOPMENT NO SCHOOL

Lunch is at NO charge for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA