

This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

January 7 - 11, 2019

Menu Subject to Change.

DAILY CHOICES	Monday -	Tuesday -	Wednesday -	Thursday -	Friday -
1					
Today's Trojan Lunch 	Chicken & Cheese Enchilada Spanish Rice Baked Plantain Slices Cinnamon Sugar Churro Rainbow Fruit Trays Assorted Milk	Chicken Tenders Seasoned Egg Noodles Wheat Dinner Roll California Mixed Veggies Rainbow Fruit Trays Assorted Milk	<i>Wednesday is Pasta Day!</i> Pasta w/Meatballs Garlic Bread Stick Garden Salad Steamed Italian Green Beans Rainbow Fruit Trays Assorted Milk	French Toast Sticks w/Maple Syrup Sausage Links Potato Puffs Dragon Punch Rainbow Fruit Trays Assorted Milk	Cheese Quesadilla Pizza w/Salsa & Sour Cream Refried Beans Carrots & Dip Rainbow Fruit Trays Assorted Milk
2					
Made to Order Deli on Wheat Bread Roll or Wrap add \$0.25 	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk
3					
Caterina's Chicken & Pizza 	Chicken Patty on a Roll <i>OR</i> Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll <i>OR</i> Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll <i>OR</i> Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll <i>OR</i> Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll <i>OR</i> Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk
4					
Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll <i>OR</i> BBQ Rib on a Roll w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll <i>OR</i> Beef Taco w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll <i>OR</i> Taco Salad w/Chips or in a Bowl Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk
5					
Farm Fresh Salads, Wraps, Parfaits & Salad Bar \$5.50/lb. 	<ul style="list-style-type: none"> ● Specialty Salad: Buffalo Chicken ● Specialty Wrap: Tuna ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Buffalo Chicken ● Specialty Wrap: Tuna ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Buffalo Chicken ● Specialty Wrap: Tuna ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Buffalo Chicken ● Specialty Wrap: Tuna ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Buffalo Chicken ● Specialty Wrap: Tuna ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! BREAKFAST IS SERVED DAILY IN THE CAFETERIA - \$2.00; \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.