






This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

January 28 - February 1, 2019

Menu Subject to Change.

DAILY CHOICES	Monday -	Tuesday -	Wednesday -	Thursday -	Friday -
1 Today's Trojan Lunch 	Chicken Tenders Mashed Potatoes Wheat Dinner Roll Steamed Broccoli Rainbow Fruit Trays Assorted Milk	Toasted Cheese Sandwich Tomato Soup Gold Fish® Crackers Emoticon® Potatoes Fresh Veggie & Dip Rainbow Fruit Trays Assorted Milk	<i>Wednesday is Pasta Day!</i> Pasta w/Meatballs Garlic Bread Stick Garden Salad Steamed Italian Veggies Rainbow Fruit Trays Assorted Milk	Chicken Fajita w/Cheese, Peppers & Onions, Salsa & Sour Cream Refried Beans Steamed Corn Rainbow Fruit Trays Assorted Milk	French Toast Sticks w/Maple Syrup Sausage Links Potato Puffs Dragon Punch Rainbow Fruit Trays Assorted Milk
2 Made to Order Deli on Wheat Bread Roll or Wrap add \$0.25 	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll OR Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll OR BBQ Rib on a Roll w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll OR Beef Taco w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll OR Super Nachos w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll OR Taco Salad w/Chips or in a Bowl Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk
5 Farm Fresh Salads, Wraps, Parfaits & Salad Bar \$5.50/lb. 	<ul style="list-style-type: none"> ● Specialty Salad: Tropical Chicken ● Specialty Wrap: Chicken Caesar ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Tropical Chicken ● Specialty Wrap: Chicken Caesar ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Tropical Chicken ● Specialty Wrap: Chicken Caesar ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Tropical Chicken ● Specialty Wrap: Chicken Caesar ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Tropical Chicken ● Specialty Wrap: Chicken Caesar ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! BREAKFAST IS SERVED DAILY IN THE CAFETERIA - \$2.00; \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.