







This institution is an equal opportunity provider and employer.

Simsbury High School - Grades 9 - 12

January 21 - 25, 2019

Menu Subject to Change.

DAILY CHOICES	Monday -	Tuesday -	Wednesday -	Thursday -	Friday -
1 Today's Trojan Lunch 	 <i>Martin Luther King, Jr.</i> January 15, 1929	MID TERM EXAMS NO LUNCH SERVED	MID TERM EXAMS NO LUNCH SERVED	Cheese Quesadilla Pizza w/Salsa & Sour Cream Steamed Corn Refried Beans Rainbow Fruit Trays Assorted Milk	Big Daddy's® Pizza Wedge w/Assorted Toppings Garden Salad Carrots & Dip Rainbow Fruit Trays Assorted Milk
2 Made to Order Deli on Wheat Bread Roll or Wrap add \$0.25 		PLEASE JOIN US FOR BREAKFAST!	PLEASE JOIN US FOR BREAKFAST!	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk	Turkey; Ham; Chicken Patty; Tuna, Chicken & Egg Salad w/Assorted Veggie Toppings & Cheese Rainbow Fruit & Veggie Trays Assorted Milk
3 Caterina's Chicken & Pizza 	MARTIN LUTHER KING DAY NO SCHOOL			Chicken Patty on a Roll <i>OR</i> Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Roll <i>OR</i> Pizza Garden Salad Caterina's Veggies Rainbow Fruit Trays Assorted Milk
4 Tom's Grill and Specialties 				Hamburger or Cheeseburger on a Roll <i>OR</i> BBQ Rib on a Roll w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk	Hamburger or Cheeseburger on a Roll <i>OR</i> Beef Taco w/Lettuce & Tomato Tom's Veggie Selection Rainbow Fruit Trays Assorted Milk
5 Farm Fresh Salads, Wraps, Parfaits & Salad Bar \$5.50/lb. 				<ul style="list-style-type: none"> ● Specialty Salad: Chef ● Specialty Wrap: Roast Beef ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk	<ul style="list-style-type: none"> ● Specialty Salad: Chef ● Specialty Wrap: Roast Beef ● Yogurt, Fruit & Granola Parfait ● Salad Bar Assorted Fruit & Milk

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! BREAKFAST IS SERVED DAILY IN THE CAFETERIA - \$2.00; \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.