

This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

May 6 - May 10, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 5/6	Tuesday - 5/7	Wednesday - 5/8	Thursday - 5/9	Friday - 5/10
HJMS Lions Hot Lunch 	Popcorn Chicken Oven Fries Steamed California Veggies Carrots & Dip Rainbow Fruit Trays Assorted Milk	Toasted Cheese Sandwich Tomato Soup Gold Fish® Crackers Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pasta w/Meatballs Garlic Bread Stick Garden Salad Steamed Green Beans Rainbow Fruit Trays Assorted Milk	CHICKEN 'N WAFFLES Mini Maple Waffles w/Maple Syrup Chicken Tenders Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	TACO YOUR WAY Seasoned Beef & Cheese Served in a Bag of Tortilla Chips OR Soft Taco Shell w/Lettuce, Tomato, Salsa & Sour Cream Refried Beans Selection of Fruits & Milk
Alternate Hot Lunch 	Pizza Oven Fries Steamed California Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Wheat Roll Tomato Soup Gold Fish® Crackers Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Garlic Bread Stick Steamed Green Beans Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Pizza Refried Beans Garden Salad Rainbow Fruit Trays Assorted Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola

A student lunch is \$3.25, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.