
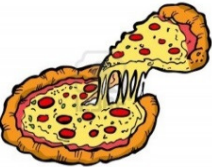



This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

May 20 - May 24, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 5/20	Tuesday - 5/21	Wednesday - 5/22	Thursday - 5/23	Friday - 5/24
HJMS Lions Hot Lunch 	Zesty Orange Chicken Fluffy Brown Rice Steamed Oriental Veggies Carrots & Dip Rainbow Fruit Trays Assorted Milk	<i>ITALIAN COMBO PLATTER</i> Mini Breaded Ravioli and Mozzarella Sticks w/Marinara Sauce Steamed Broccoli Garden Salad Rainbow Fruit Trays Assorted Milk	<i>TACOS YOUR WAY</i> Seasoned Beef & Cheese Served in a Bag of Tortilla Chips OR Taco Shell w/Lettuce, Tomato, Salsa & Sour Cream-Refried Beans Rainbow Fruit Trays Assorted Milk	Sausage, Egg & Cheese on an English Muffin Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	EARLY CLOSING NO LUNCH
Alternate Hot Lunch 	Pizza Fluffy Brown Rice Steamed Oriental Veggies Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Wheat Roll Steamed Broccoli Garden Salad Rainbow Fruit Trays Assorted Milk	Pizza Garden Salad Refried Beans Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	PLEASE JOIN US FOR BREAKFAST
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	EARLY CLOSING NO LUNCH
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Southwest	Assorted Salads Feature of the Week: Southwest	Assorted Salads Feature of the Week: Southwest	Assorted Salads Feature of the Week: Southwest	
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	

A student lunch is \$3.25, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.