

This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

May 13 - May 17, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 5/13	Tuesday - 5/14	Wednesday - 5/15	Thursday - 5/16	Friday - 5/17
HJMS Lions Hot Lunch 	Garlic Cheese Sticks w/Marinara Dipping Sauce Garden Salad Veggies & Dip Rainbow Fruit Trays Assorted Milk	Meatballs w/Brown Gravy Seasoned Egg Noodles Steamed Broccoli Carrots & Dip Rainbow Fruit Trays Assorted Milk	Cheese Quesadilla Pizza w/Salsa & Sour Cream Steamed Corn Refried Beans Rainbow Fruit Trays Assorted Milk	French Toast Sticks w/Maple Syrup Sausage Links Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Big Daddy's® Pizza Wedge Garden Salad Steamed Green Beans Refried Beans Selection of Fruits & Milk
Alternate Hot Lunch 	Pizza Garden Salad Veggies & Dip Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Wheat Roll Seasoned Egg Noodles Steamed Broccoli Carrots & Dip Rainbow Fruit Trays Assorted Milk	Pizza Steamed Corn Refried Beans Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Pizza Steamed Green Beans Garden Salad Rainbow Fruit Trays Assorted Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola

A student lunch is \$3.25, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.