




This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

September 5 - 9, 2022

Menu Subject to Change.

DAILY CHOICES	Monday -9/5	Tuesday- 9/6	WEDNESDAY- 9/7	THURSDAY- 9/8	FRIDAY- 9/9
HJMS Lions Hot Lunch 	LABOR DAY NO SCHOOL	Crispy Chicken Patty on a Whole Grain Roll Oven Fries W/Fruit and Veggie of the Day	Meatball and Mozzarella Grinder Garden Salad Fruit of the Day Milk	All Beef Hot Dog on a Whole Grain Bun Baked Beans w/Fruit and Veggie of the Day Milk	Personal Pan Cheese Pizza w/Fruit and Veggie of the day Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 		Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk
Salads w/Fruit & Milk 		Feature of the Week: Chef Salad w/Fruit & Veggie Assorted Milk	Feature of the Week: Chef Salad w/Fruit & Veggie Assorted Milk	Feature of the Week: Chef Salad w/Fruit & Veggie Assorted Milk	Feature of the Week: Chef Salad w/Fruit & Veggie Assorted Milk

Lunch is NO CHARGE for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA