




This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

September 26 - 30, 2022

Menu Subject to Change.

DAILY CHOICES	MONDAY 9/26	TUESDAY 9/27	WEDNESDAY- 9/28	THURSDAY- 9/29	FRIDAY- 9/30
<p>HJMS Lions Hot Lunch</p> 	<p style="text-align: center;">NO School</p> <p style="text-align: center;">Rosh Hashanah</p>	<p style="text-align: center;">Grilled Chicken Club Sandwich Sweet Potato Fries w/Fruit and Veggie Milk</p>	<p style="text-align: center;">Cinnamon French Toast Chicken Sausage Hash Brown Fruit Choice Milk</p>	<p style="text-align: center;">Mini Corn Dog Nuggets Corn Cobbette Seasoned Beans Fruit Choice Milk</p>	<p style="text-align: center;">Stuffed Pizza Crust Fresh Broccoli and Dip Fruit Choice Milk</p>
<p>Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk</p> 		<p style="text-align: center;">Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk</p>	<p style="text-align: center;">Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk</p>	<p style="text-align: center;">Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk</p>	<p style="text-align: center;">Feature of the Week: Chicken Salad w/Fruit and Veggie of the day Milk</p>
<p>Salads w/Fruit & Milk</p> 		<p style="text-align: center;">Feature of the Week: Cobb Salad w/Fruit & Veggie Assorted Milk</p>	<p style="text-align: center;">Feature of the Week: Cobb Salad w/Fruit & Veggie Assorted Milk</p>	<p style="text-align: center;">Feature of the Week: Cobb Salad w/Fruit & Veggie Assorted Milk</p>	<p style="text-align: center;">Feature of the Week: Cobb Salad w/Fruit & Veggie Assorted Milk</p>

Lunch is NO CHARGE for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA