




# Henry James Memorial School - Grades 7 - 8

## August 29 - September 2, 2022

Menu Subject to Change.

DAILY CHOICES	Monday 8/29	Tuesday 8/30	WEDNESDAY- 8/31	THURSDAY- 9/1	FRIDAY- 9/2
<p>HJMS Lions Hot Lunch</p> 			<p><u>WELCOME BACK!</u> EARLY DISMISSAL</p> <p>Grab &amp; Go Lunch Available</p>	<p>EARLY DISMISSAL</p> <p>Grab &amp; Go Lunch Available</p>	<p>EARLY DISMISSAL</p> <p>Grab &amp; Go Lunch Available</p>
<p>Assorted Wraps &amp; Sandwiches w/Assorted Fruits, Veggies &amp; Milk</p> 			<p>Turkey &amp; Cheese Croissant with Veggie, Fruit &amp; Milk</p>	<p>Ham &amp; Cheddar Wrap with Veggie, Fruit &amp; Milk</p>	<p>Italian Style Hoagie with Veggie, Fruit &amp; Milk</p>
<p>Salads w/Fruit &amp; Milk</p> 					
<p>Lunch is NO CHARGE for all students. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.</p>					
<p><b>BREAKFAST IS NO CHARGE FOR ALL STUDENTS! NOW SERVED DAILY IN THE CAFETERIA</b></p>					