


This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

March 25 - March 29, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 03/25	Tuesday - 03/26	Wednesday - 03/27	Thursday - 03/28	Friday - 03/29
HJMS Lions Hot Lunch 	Chicken Fajita w/Roasted Peppers & Onions Salsa & Sour Cream Refried Beans Steamed Corn Rainbow Fruit Trays Assorted Milk	Breaded Mozzarella Sticks w/Marinara Dipping Sauce Garden Salad Veggies & Dip Rainbow Fruit Trays Assorted Milk	BBQ Teriyaki Chicken Noodle Bowl Steamed Oriental Veggies Garden Salad Fortune Cookies Rainbow Fruit Trays Assorted Milk	All Beef Hot Dog on a Wheat Roll w/Chili & Cheese -OR- Sauerkraut Cole Slaw Oven Fries Rainbow Fruit Trays Assorted Milk	Wild Mike's Cheese Bites w/Marinara Dipping Sauce Steamed Broccoli Fresh Carrots & Dip Rainbow Fruit Trays Assorted Milk
Alternate Hot Lunch 	Pizza Refried Beans steamed Corn Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Wheat Roll Garden Salad Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Steamed Oriental Veggies Garden Salad Fortune Cookies Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Wheat Dinner Roll Cole Slaw Oven Fries Rainbow Fruit Trays Assorted Milk	Pizza Steamed Broccoli Fresh Carrots & Dip Rainbow Fruit Trays Assorted Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.