
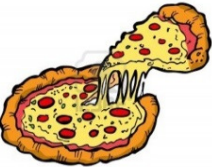




This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

March 18 - March 22, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 03/18	Tuesday - 03/19	Wednesday - 03/20	Thursday - 03/21	Friday - 03/22
HJMS Lions Hot Lunch 	BBQ Rib on a Wheat Roll Crinkle Fries New England Baked Beans Rainbow Fruit Trays Assorted Milk	Toasted Cheese Sandwich Tomato Soup Gold Fish® Crackers Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk	French Toast Sticks w/Maple Syrup Sausage Links Hash Brown Potatoes Dragon Punch Rainbow Fruit Trays Assorted Milk	Pepperoni & Cheese Calzone Steamed Broccoli Garden Salad Rainbow Fruit Trays Assorted Milk	NO SCHOOL
Alternate Hot Lunch 	Pizza Crinkle Fries New England Baked Beans Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Wheat Roll Tomato Soup Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Hash Brown Potatoes Dragon Punch Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Wheat Dinner Roll Steamed Broccoli Garden Salad Rainbow Fruit Trays Assorted Milk	NO SCHOOL
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	Assorted Wraps & Sandwiches Feature of the Week: Turkey BLT	NO SCHOOL
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	NO SCHOOL
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.