
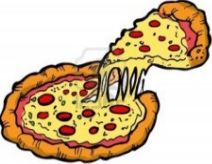




This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

March 11 - March 15, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 03/11	Tuesday - 03/12	Wednesday - 03/13	Thursday - 03/14	Friday - 03/15
HJMS Lions Hot Lunch 	Zesty Orange Chicken Fluffy Brown Rice Steamed Oriental Veggies Carrots & Dip Rainbow Fruit Trays Assorted Milk	Big Daddy's@Pizza Wedge Garden Salad Steamed Broccoli Rainbow Fruit Trays Assorted Milk	Sausage, Egg & Cheese on an English Muffin Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	TACOS YOUR WAY Seasoned Beef & Cheese Served in a bag of Tortilla Chips Or Soft Tortilla w/Lettuce, Tomato, Salsa & Sour Cream-Refried Beans Rainbow Fruit Trays Assorted Milk	St. Patrick's Day Celebration Shamrock Shaped Chicken Nuggets Luck'O the Irish Mashed Potatoes Go for the Green Peas Shamrock Cookie Rainbow Fruit Trays Assorted Milk
Alternate Hot Lunch 	Pizza Fluffy Brown Rice Steamed Oriental Veggies Carrots & Dip Rainbow Fruit Trays Assorted Milk	Chicken Patty On a Wheat Roll Garden Salad Steamed Broccoli Rainbow Fruit Trays Assorted Milk	Pizza Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Biscuit Refried Beans Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Mashed Potatoes Green Peas Shamrock Cookie Rainbow Fruit Trays Assorted Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken	Assorted Wraps & Sandwiches Feature of the Week: BBQ Chicken
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Southwest	Assorted Salads Feature of the Week: Southwest	Assorted Salads Feature of the Week: Southwest	Assorted Salads Feature of the Week: Southwest	Assorted Salads Feature of the Week: Southwest
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.