
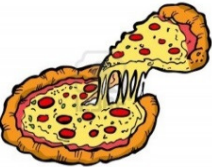


This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

January 14 - 18, 2019

Menu Subject to Change.

DAILY CHOICES	Monday -	Tuesday -	Wednesday -	Thursday -	Friday -
HJMS Lions Hot Lunch 	Chicken Fajita w/Roasted Peppers & Onions Salsa & Sour Cream Refried Beans Veggies & Dip Rainbow Fruit Trays Assorted Milk	Corn Bread Chili Bowl w/Cheese & Sour Cream Steamed Corn Rainbow Fruit Trays Assorted Milk	Mini Maple Pancakes w/Maple Syrup Sausage Links Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Breaded Mozzarella Sticks w/Marinara Dipping Sauce Steamed Broccoli Rainbow Fruit Trays Assorted Milk	EARLY CLOSING NO LUNCH SERVED PLEASE JOIN US FOR BREAKFAST!
Alternate Hot Lunch 	Pizza Refried Beans Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Steamed Corn Rainbow Fruit Trays Assorted Milk	Pizza Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Wheat Dinner Roll Steamed Broccoli Rainbow Fruit Trays Assorted Milk	
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.