

This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

February 25 - March 1, 2019

Menu Subject to Change.

DAILY CHOICES	Monday -	Tuesday -	Wednesday -	Thursday -	Friday -
HJMS Lions Hot Lunch 	Big Daddy's© Pizza Wedge Garden Salad Steamed Corn Rainbow Fruit Trays Assorted Milk	Hamburger -OR- Cheeseburger On a Wheat Roll Oven Fries Steamed Mixed Veggies Rainbow Fruit Trays Assorted Milk	Chicken Tenders Stuffing Steamed Broccoli Rainbow Fruit Trays Assorted Milk	TACOS YOUR WAY Seasoned Beef & Cheese Served with a Bag of Tortilla Chips Or Soft Tortilla w/Lettuce, Tomato, Salsa & Sour Cream-Refried Beans Rainbow Fruit Trays Assorted Milk	Toasted Cheese Sandwich Tomato Soup Gold Fish© Crackers Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk
Alternate Hot Lunch 	Pizza Garden Salad Steamed Corn Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Oven Fries Steamed Mixed Veggies Rainbow Fruit Trays Assorted Milk	Pizza Stuffing Steamed Broccoli Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Wheat Dinner Roll Lettuce & Tomato Refried Beans Rainbow Fruit Trays Assorted Milk	Pizza Tomato Soup Gold Fish© Crackers Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Roast Beef	Assorted Wraps & Sandwiches Feature of the Week: Roast Beef	Assorted Wraps & Sandwiches Feature of the Week: Roast Beef	Assorted Wraps & Sandwiches Feature of the Week: Roast Beef	Assorted Wraps & Sandwiches Feature of the Week: Roast Beef
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar	Assorted Salads Feature of the Week: Chicken Caesar
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.