

This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

February 11 - February 15, 2019

Menu Subject to Change.

DAILY CHOICES	Monday -	Tuesday -	Wednesday -	Thursday -	Friday -
HJMS Lions Hot Lunch 	Zesty Orange Chicken Fluffy Brown Rice Steamed Oriental Veggies Carrots & Dip Rainbow Fruit Trays Assorted Milk	Pepperoni & Cheese Calzone Steamed Broccoli Garden Salad Rainbow Fruit Trays Assorted Milk	Mini Maple Pancakes w/Maple Syrup Sausage Links Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	VALENTINE'S DAY Heart Shaped Chicken Nuggets Emoticon© Fries Sweet Carrot Coins Cupid Cookie Rainbow Fruit Trays Assorted Milk	EARLY DISMISSAL NO LUNCH SERVED PLEASE JOIN US FOR BREAKFAST!
Alternate Hot Lunch 	Pizza Fluffy Brown Rice Steamed Oriental Veggies Carrots & Dip Rainbow Fruit Trays Assorted Milk	Chicken Patty Steamed Broccoli Garden Salad Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Wheat Dinner Roll Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Pizza Emoticon© Fries Sweet Carrot Coins Cupid Cookie Rainbow Fruit Trays Assorted Milk	
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Chicken Caesar	Assorted Wraps & Sandwiches Feature of the Week: Chicken Caesar	Assorted Wraps & Sandwiches Feature of the Week: Chicken Caesar	Assorted Wraps & Sandwiches Feature of the Week: Chicken Caesar	
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Winter	Assorted Salads Feature of the Week: Winter	Assorted Salads Feature of the Week: Winter	Assorted Salads Feature of the Week: Winter	
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.

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