

This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

April 29 - May 3, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 4/29	Tuesday - 4/30	Wednesday - 5/1	Thursday - 5/2	Friday - 5/3
HJMS Lions Hot Lunch 	Crispy Chicken, Turkey Bacon & Ranch Sandwich Oven Baked Curly Fries Steamed Carrots Rainbow Fruit Trays Assorted Milk	Meatballs w/Brown Gravy Seasoned Egg Noodles Steamed Broccoli Veggies & Dip Rainbow Fruit Trays Assorted Milk	BBQ Teriyaki Chicken Noodle Bowl Steamed Oriental Veggies Garden Salad Fortune Cookie Rainbow Fruit Trays Assorted Milk	Garlic Cheese Sticks w/Marinara Dipping Sauce Steamed Green Beans Veggies & Dip Rainbow Fruit Trays Assorted Milk	BBQ Rib on a Roll Emoticon® Potatoes New England Baked Beans Rainbow Fruit Trays Assorted Milk
Alternate Hot Lunch 	Pizza Oven Baked Curly Fries Steamed Carrots Rainbow Fruit Trays Assorted Milk	Chicken Patty Seasoned Egg Noodles Steamed Broccoli Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Steamed Oriental Veggies Garden Salad Fortune Cookie Rainbow Fruit Trays Assorted Milk	Pizza Steamed Green Beans Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Emoticon® Potatoes New England Baked Beans Rainbow Fruit Trays Assorted Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian	Assorted Wraps & Sandwiches Feature of the Week: Crunchy Hawaiian
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco	Assorted Salads Feature of the Week: Taco
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.