
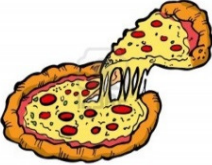





This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

April 15 - April 19, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 4/15	Tuesday - 4/16	Wednesday - 4/17	Thursday - 4/18	Friday - 4/19
HJMS Lions Hot Lunch 	Chicken Nuggets Oven Fries Wheat Dinner Roll Steamed Broccoli Veggies & Dip Rainbow Fruit Trays Assorted Milk	TACOS YOUR WAY Seasoned Beef & Cheese Served in a Bag of Tortilla Chips OR Taco Shell w/Lettuce, Tomato, Salsa & Sour Cream Refried Beans Assorted Fruit & Milk	Baked Stuffed Shells Garlic Bread Stick Garden Salad Steamed Green Beans Rainbow Fruit Trays Assorted Milk	EARLY CLOSING NO LUNCH SERVED	GOOD FRIDAY NO SCHOOL
Alternate Hot Lunch 	Pizza Oven Fries Steamed Broccoli Veggies & Dip Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Wheat Roll Refried Beans Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Garden Salad Steamed Green Beans Rainbow Fruit Trays Assorted Milk		
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Chicken Caesar	Assorted Wraps & Sandwiches Feature of the Week: Chicken Caesar	Assorted Wraps & Sandwiches Feature of the Week: Chicken Caesar		
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Chef	Assorted Salads Feature of the Week: Chef	Assorted Salads Feature of the Week: Chef		
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola		

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.

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