

This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

April 1 - April 5, 2019

Menu Subject to Change.

DAILY CHOICES	Monday - 4/1	Tuesday - 4/2	Wednesday - 4/3	Thursday - 4/4	Friday - 4/5
HJMS Lions Hot Lunch 	Hamburger OR Cheeseburger on a Wheat Roll Oven Fries Lettuce & Tomato Cups New England Baked Beans Rainbow Fruit Trays Assorted Milk	Toasted Cheese Sandwich Tomato Soup Gold Fish® Crackers Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk	Mini Maple Pancakes w/Maple Syrup Turkey Sausage Patty Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Big Daddy's® Pizza Wedge w/Assorted Toppings Garden Salad Steamed Carrots Rainbow Fruit Trays Assorted Milk	Italian Combo Platter Mini Breaded Ravioli & Mozzarella Sticks w/Marinara Dipping Sauce Garden Salad Steamed Broccoli Rainbow Fruit Trays Assorted Milk
Alternate Hot Lunch 	Pizza Oven Fries Lettuce & Tomato Cups New England Baked Beans Rainbow Fruit Trays Assorted Milk	Chicken Patty on a Wheat Roll Tomato Soup Fresh Veggies & Dip Rainbow Fruit Trays Assorted Milk	Pizza Hash Brown Potato Dragon Punch Rainbow Fruit Trays Assorted Milk	Chicken Nuggets Garden Salad Steamed Carrots Rainbow Fruit Trays Assorted Milk	Pizza Garden Salad Steamed Broccoli Rainbow Fruit Trays Assorted Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken	Assorted Wraps & Sandwiches Feature of the Week: Buffalo Chicken
Salads w/Fruit & Milk 	Assorted Salads Feature of the Week: Tuna	Assorted Salads Feature of the Week: Tuna	Assorted Salads Feature of the Week: Tuna	Assorted Salads Feature of the Week: Tuna	Assorted Salads Feature of the Week: Tuna
Yogurt Parfaits w/Veggies & Milk	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola	Fruit & Yogurt Parfait w/Granola

A student lunch is \$3.50, \$0.40 or free. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available daily.

PLEASE JOIN US FOR BREAKFAST! NOW SERVED DAILY IN THE CAFETERIA - \$2.00, \$0.30 REDUCED OR FREE FOR THOSE THAT QUALIFY FOR FREE OR REDUCED MEALS.