









This institution is an equal opportunity provider and employer.

# Simsbury High School - Grades 9 - 12

## February 20-24, 2023

Menu Subject to Change.

| DAILY CHOICES  | Monday 2/20   | Tuesday 2/21   | Wednesday 2/22   | Thursday 2/23  | Friday 2/24  |
|--|---|--|--|--|--|
| <b>1</b><br>Today's Trojan Lunch<br>                | PRESIDENTS DAY<br><br>NO SCHOOL   |  | Creamy Macaroni & Cheese<br>Dinner Roll<br>Steamed Broccoli<br>Fruit of the Day<br>Milk  | Cinnamon French Toast<br>Sausage Links<br>Hash Brown Patty<br>Fruit of the Day<br>Milk   | Stuffed Mozzarella<br>Pizza Sticks<br>Marinara Sauce<br>Veggie Sticks W/Dip<br>Fruit Choice<br>Milk                            |
| <b>2</b><br>Deli on Wheat Bread or Wrap<br>         |  |  | Assorted Varieties of Sandwich Options<br>Fruit & Veggie Choice<br>Milk  | Assorted Varieties of Sandwich Options<br>Fruit & Veggie Choice<br>Milk  | Assorted Varieties of Sandwich Options<br>Fruit & Veggie Choice<br>Milk  |
| <b>3</b><br>Caterina's Chicken & Pizza<br>          | NO SCHOOL   | WINTER RECESS<br><br>NO SCHOOL   | Chicken Patty on a Roll or Pizza<br>Fruit & Veggie of the Day<br>Milk  | Chicken Patty on a Roll or Pizza<br>Fruit & Veggie of the Day<br>Milk  | Chicken Patty on a Roll or Pizza<br>Fruit & Veggie of the Day<br>Milk  |
| <b>4</b><br>Tom's Grill and Specialties<br>       | NO SCHOOL   | WINTER RECESS<br><br>NO SCHOOL   | Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes<br>Fruit & Veggie of the Day<br>Milk                  | Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes<br>Fruit & Veggie of the Day<br>Milk                  | Hamburger or Cheeseburger on a Roll or Super Nachos W/Lettuce & Tomatoes<br>Fruit & Veggie of the Day<br>Milk                  |
| <b>5</b><br>Farm Fresh Salads, Wraps, Parfaits<br> | NO SCHOOL   | WINTER RECESS<br><br>NO SCHOOL   | Specialty Salad<br>Chef's Choice<br>Specialty Wrap<br>Chef's Choice<br>Yogurt, Fruit & Granola Parfait<br>Fruit, Veggie & Milk | Specialty Salad<br>Chef's Choice<br>Specialty Wrap<br>Chef's Choice<br>Yogurt, Fruit & Granola Parfait<br>Fruit, Veggie & Milk | Specialty Salad<br>Chef's Choice<br>Specialty Wrap<br>Chef's Choice<br>Yogurt, Fruit & Granola Parfait<br>Fruit, Veggie & Milk |

Lunch \$3.50 reduced .40. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

Breakfast \$2.00 reduced .30 BREAKFAST IS SERVED DAILY IN THE CAFETERIA