




This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

February 6-10, 2023

Menu Subject to Change.

DAILY CHOICES	Monday -02/06	Tuesday- 02/07	WEDNESDAY- 02/08	THURSDAY- 02/09	FRIDAY-02/10
HJMS Lions Hot Lunch 	Crispy Chicken Nuggets, Dinner Roll Seasoned Corn W/Fruit and Veggie of the Day	Mozzarella Cheese Sticks With Marinara Caesar Salad W/ Croutons W/Fruit and Veggie of the Day	Egg, Sausage & Cheese on a Croissant Hash Brown Patty W/Fruit and Veggie	Mini Chicken Corn Dog Nuggets Savory Baked Beans w/Fruit and Veggie Milk	French Bread Pizza Carrot Sticks W/Hummus W/Fruit and Veggie Milk
Assorted Wraps & Sandwiches w/Assorted Fruits, Veggies & Milk 	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk	Feature of the Week: Chef's Choice w/Fruit and Veggie of the day Milk
Salads w/Fruit & Milk 	Feature of the Week: Chicken Cobb Salad w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Cobb Salad w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Cobb Salad w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Cobb Salad w/Fruit & Veggie Assorted Milk	Feature of the Week: Chicken Cobb Salad w/Fruit & Veggie Assorted Milk
	Lunch \$3.50 reduced .40. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.				
BREAKFAST IS \$2.00 Reduced .30 NOW SERVED DAILY IN THE CAFETERIA					