




This institution is an equal opportunity provider and employer.

Henry James Memorial School - Grades 7 - 8

February 13-17, 2023

Menu Subject to Change.

DAILY CHOICES	MONDAY 02/13	TUESDAY 02/14	WEDNESDAY- 02/15	THURSDAY- 02/16	FRIDAY- 02/17
<p>HJMS Lions Hot Lunch</p> 	<p>Popcorn Chicken Bites</p> <p>Rice Pilaf</p> <p>Green Beans</p> <p>w/Fruit and Veggie</p> <p>Milk</p>	<p>Valentine's Day ♥</p> <p><i>Grilled Cheese & Tomato Soup</i></p> <p><i>Heartzel Pretzels</i></p> <p><i>Be Mine Frozen Juice Cup, Milk</i></p>	<p>Beef Soft Taco With Cheese, Salsa & Sour Cream</p> <p>Refried Beans</p> <p>w/Fruit and Veggie</p> <p>Milk</p>	<p>All Beef Hot Dog</p> <p>On a Whole Grain Roll</p> <p>Pasta Salad</p> <p>w/Fruit and Veggie</p> <p>Milk</p>	<p>EARLY DISMISSAL</p> <p>GRAB & GO LUNCH AVAILABLE</p>
<p>Assorted Wraps & Sandwiches</p> <p>w/Assorted Fruits, Veggies & Milk</p> 	<p>Feature of the Week:</p> <p>Turkey BLT</p> <p>w/Fruit and Veggie of the day</p> <p>Milk</p>	<p>Feature of the Week:</p> <p>Turkey BLT</p> <p>w/Fruit and Veggie of the day</p> <p>Milk</p>	<p>Feature of the Week:</p> <p>Turkey BLT</p> <p>w/Fruit and Veggie of the day</p> <p>Milk</p>	<p>Feature of the Week</p> <p>Turket BLT</p> <p>w/Fuit and Veggie of the day</p> <p>Milk</p>	<p>GRAB & GO LUNCH AVAILABLE</p>
<p>Salads w/Fruit & Milk</p> 	<p>Feature of the Week:</p> <p>Southwest</p> <p>w/Fruit & Veggie</p> <p>Assorted Milk</p>	<p>Feature of the Week:</p> <p>Southwest</p> <p>w/Fruit & Veggie</p> <p>Assorted Milk</p>	<p>Feature of the Week:</p> <p>Southwest</p> <p>w/Fruit & Veggie</p> <p>Assorted Milk</p>	<p>Feature of the Week</p> <p>Southwest</p> <p>w/Fuit and Veggie</p> <p>Assorted Milk</p>	<p>GRAB & GO LUNCH AVAILABLE</p>

Lunch \$3.50 reduced .40. Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A selection of a la carte items is also available for purchase daily.

BREAKFAST IS \$2.00 Reduced .30 NOW SERVED DAILY IN THE CAFETERIA