

LUNCH

April 2019

SIMSBURY ELEMENTARY SCHOOLS – Grades K - 6

A student lunch is \$3.00, \$0.40 reduced or free. A cheese pizza meal is offered daily. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or at www.MyPaymentsPlus.com. Lunch includes an Entrée, veggie choices, fruit choices, whole grains and low fat or fat free milk choices. Students may take three, four or five of these items but they must choose at least ½ cup of fruit or veggies and full servings of the other food components. A selection of a la carte items is also available for purchase daily. Breakfast is offered daily; \$1.75 Full Price, \$0.30 Reduced Price or Free. We offer many whole grain breakfast items and a variety of cold cereals is also available. All breakfast meals come with a choice of fresh or canned fruit or 100% fruit juice and a choice of milk.

This institution is an equal opportunity provide and employer

MENU SUBJECT TO CHANGE

Monday

Popcorn Chicken
Oven Fries
Steamed Corn
Fresh Carrots & Dip
Selection of Rainbow Fruits
Assorted Milk

1

Tuesday

Mini Maple Pancakes
w/Maple Syrup
Sausage Links
Hash Brown Patty
Dragon Punch
Assorted Fruits and Milk

2

Wednesday

Italian Combo Platter
Mini Breaded Ravioli &
Mozzarella Sticks
w/Marinara Dipping Sauce
Garden Salad
Assorted Fruits and Milk

3

Thursday

CHOICE OF
Crispy Fish Sandwich -OR-
BBQ Rib on a Wheat Roll
New England Baked Bean
Cole Slaw
Assorted Fruits and Milk

4

Friday

Baked Macaroni & Cheese
Steamed Green Beans
Whole Wheat Dinner Roll
Selection of Rainbow Fruits
Assorted Milk

5

8

SPRING BREAK

9

SPRING BREAK

10

SPRING BREAK

11

SPRING BREAK

12

SPRING BREAK

Hamburger or Cheeseburger
On a Wheat Roll
Smile® Potatoes
Steamed Carrots
Selection of Rainbow Fruits
Assorted Milk

15

Garlic Cheese Sticks
w/Marinara Dipping Sauce
Steamed Broccoli
Selection of Rainbow Fruits
Assorted Milk

16

TACOS YOUR WAY
Seasoned Beef & Cheese
Served in a bag of Tortilla Chips
Or Soft Tortilla w/Lettuce., Tomato,
Salsa & Sour Cream, Refried Beans
Assorted Fruits and Milk

17

EARLY CLOSING
Mini Pizza Bagels
Garden Salad
Cherry Smooth Frozen Juice
Selection of Rainbow Fruits
Assorted Milk

18

GOOD FRIDAY
NO SCHOOL

19

Chicken Patty-Plain or Spicy
On a Wheat Roll
Emoticon® Potatoes
Steamed Green Beans
Selection of Rainbow Fruits
Assorted Milk

22

Cheese Quesadilla Pizza
w/Salsa & Sour Cream
Steamed Corn
Refried Beans
Selection of Rainbow Fruits
Assorted Milk

23

Baked Stuffed Shells
Garlic Bread Stick
Garden Salad
Steamed Green Beans
Selection of Rainbow Fruits
Assorted Milk

24

Chicken Tenders
Garlic Smashed Potatoes
Steamed Broccoli
Selection of Rainbow Fruits
Assorted Milk

25

Toasted Cheese Sandwich
Tomato Soup
Gold Fish® Crackers
Veggies & Dip
Selection of Rainbow Fruits
Assorted Milk

26

Pepperoni OR Cheese
Calzone
Steamed Broccoli
Fresh Carrots & Dip
Selection of Rainbow Fruits
Assorted Milk

29

All Beef Hot Dog
On a Wheat Roll
New England Baked Beans
Oven Curly Fries
Selection of Rainbow Fruits
Assorted Milk

30

CHICKEN 'N WAFFLES MAY 1
Mini Maple Waffles w/Syrup
Chicken Tenders
Hash Brown Potatoes
Dragon Punch
Assorted Fruits and Milk

Meatball Grinder
w/Sauce & Cheese
Garden Salad
Steamed Mixed Veggies
Assorted Fruits and Milk

MAY 2

SCHOOL LUNCH HERO DAY MAY 3
Big Daddy's® Pizza Wedge
Garden Salad
Veggies & Dip
Assorted Fruits and Milk