

DECEMBER 2022

Simsbury Elementary Schools

LUNCH

Breakfast is available at NO charge until December 23, 2022

All breakfast meals include a whole grain breakfast food OR cold cereal. Meals include a fresh fruit, canned fruit or 100% fruit juice and milk



Lunch is available at NO charge until December 23, 2022

All lunch meals include: 2oz. protein, 1 grain/bread, one cup veggie/fruit combination and 8oz low fat or fat free milk

Milk (other than with a meal) must be paid with cash or student account



MONDAY



Crispy Chicken Patty on Whole Grain Roll With Tater Tots, OR Bagel, Yogurt & Cheese Stick Veggie, Fruit and Milk

5

TUESDAY



Meatball Grinder on a Whole Grain Roll, Tossed Salad, OR Chef Salad W/ Roll Veggie, Fruit and Milk

6

WEDNESDAY



Early Dismissal
Pillsbury Cheesy Pull-Aparts With Marinara Sauce, OR Sunbutter & Jelly, Cheese Stick Veggie, Fruit and Milk

7

THURSDAY

Beef and Cheese Taco Stick W/Salsa, Refried Beans OR, Yogurt, Fruit and Granola Parfait Veggie, Fruit and Milk

1

Cheeseburger on a Bun With Pickle Chips, Roasted Potatoes, OR Turkey Wrap, Baked Sun Chips Veggie, Fruit and Milk

8

FRIDAY

Cheese Pizza Wedge Fresh Veggie Sticks & Hummus, OR, Sunbutter & Jelly Sandwich, Cheese Stick Veggie, Fruit and Milk

2

Personal Pan Cheese Pizza Carrot Sticks With Hummus OR, Manager's Choice Veggie, Fruit and Milk

9

Popcorn Chicken Bowl With Mashed Potatoes & Corn OR, Muffin, Yogurt & Cheese Stick Veggie, Fruit and Milk

12

Penne Pasta With Meat Sauce, Garlic Knot, Caesar Salad, OR, Chicken Caesar Salad Veggie, Fruit and Milk

13

Walking Taco with Beef, Cheese, Salsa, Fiesta Black Beans OR, Sunbutter & Jelly Sandwich Cheese Stick, Veggie, Fruit, Milk

14

Egg, Sausage and Cheese Sandwich, Hash Brown, OR, Yogurt, Fruit and Granola Parfait Veggie, Fruit and Milk

15

French Bread Cheese Pizza, Celery Sticks W/Dip OR, Sunbutter & Jelly Sandwich & Cheese Stick Veggie, Fruit & Milk

16

Crispy Chicken Tenders Smiley Fries, Corn Muffin OR, Sunbutter & Jelly Sandwich, Cheese Stick Veggie, Fruit and Milk

19

Macaroni and Cheese, Dinner Roll, Roasted Broccoli OR, Fruited Yogurt Parfait W/ Granola Veggie, Fruit and Milk

20

Cinnamon Waffle Sticks, W/ Sausage, Hash Brown Patty, OR, Muffin, Yogurt & Cheese Stick Veggie, Fruit and Milk

21

Corn Dog Nuggets, Savory Baked Beans, Onion Rings, OR, Veggie Burger, Frozen Fruit Cup Veggie, Fruit and Milk

22

Early Dismissal
Baked Pretzel, Yogurt & Cheese Stick, OR Manager's Choice Veggie, Fruit & Milk

23

No School - Happy New Year!
Effective January 3, 2023:

Breakfast

\$1.75 Full Pay

.30 Reduced

Lunch

\$3.00 Full Pay

.40 Reduced

Crispy Chicken Nuggets With Dipping Sauce Dinner Roll, Glazed Carrots, OR Bagel, Yogurt & Cheese Stick Veggie, Fruit and Milk

3

Mozzarella Cheese Sticks Marinara Sauce, Garden Salad, OR, Fruit, Yogurt & Granola Parfait Veggie, Fruit & Milk

4

Chicken Fajita w/ Salsa & Sour Cream, Fiesta Rice, OR Sunbutter & Jelly Sandwich Veggie, Fruit & Milk

5

Stuffed Crust Cheese Pizza Parmesan Broccoli, OR, Manager's Choice Veggie, Fruit and Milk

6