






Simsbury High School - Grades 9 - 12

February 5 - 9, 2024

Menu Subject to Change.

DAILY CHOICES	Monday 2/5	Tuesday 2/6	Wednesday 2/7	Thursday 2/8	Friday 2/9
1 Today's Trojan Lunch 	Crispy Chicken Nuggets Dinner Roll Seasoned Corn Fruit & Veggie of the Day Milk	Pancakes w/Syrup Chicken Sausage Patty Hash Brown Patty Fruit & Veggie of the Day Milk	Mozzarella Cheese Sticks With Meatballs & Marinara Tossed Salad Fruit of the Day Milk	Mini Chicken Corn Dog Nuggets Savory Baked Beans Fruit & Veggie of the Day Milk	Garlic French Bread Pizza Carrot Sticks With Hummus Fruit of the Day Milk
2 Deli on Wheat Bread 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk
3 Caterina's Chicken & Pizza 	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk
4 Tom's Grill and Specialties 	Hamburger or Cheeseburger on a Roll OR BBQ Rib on a Roll Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Soft Taco w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll OR Soft Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Nacho Supreme w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Nacho Supreme w/Lettuce & Tomato Fruit & Veggie of the Day Milk
5 Farm Fresh Salads, Wraps, Parfaits 	<ul style="list-style-type: none"> • Specialty Salad: Chicken Caesar • Specialty Wrap: Italian Combo • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Chicken Caesar • Specialty Wrap: Italian Combo • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Chicken Caesar • Specialty Wrap: Italian Combo • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Chicken Caesar • Specialty Wrap: Italian Combo • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> • Specialty Salad: Chicken Caesar • Specialty Wrap: Italian Combo • Yogurt, Fruit & Granola Parfait Fruit & Veggie of the Day Milk
Lunch is \$4.00 or Free for those who qualify. Please pay by cash, Check (made out to Simsbury Public Schools Cafeterias) or on-line at www.MyPaymentsPlus.com . Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A la carte items is also available for purchase daily.					
Breakfast is free for all students for the 2023/2024 school year. BREAKFAST IS SERVED DAILY IN THE CAFETERIA					