






# Simsbury High School - Grades 9 - 12

February 12 - 16 , 2024

Menu Subject to Change.

DAILY CHOICES	Monday - 2/12	Tuesday - 2/13	Wednesday - 2/14	Thursday - 2/15	Friday - 2/16
<b>1</b> <b>Today's Trojan Lunch</b> 	Sweet & Sour Popcorn Chicken Fiesta Rice, Broccoli Fruit of the Day Milk	Chicken Parmesan on a Roll Tossed Salad Fruit of the Day Milk	<b>Valentine's Day</b> <b>Heart Shaped Chicken Nuggets</b> <b>Carrot Slices</b> <b>Fruit of the Day</b> <b>Milk</b>	All Beef Hot Dog On a Whole Grain Bun Pasta Salad Fruit of the Day Milk	EARLY DISMISSAL  GRAB & GO LUNCH
<b>2</b> <b>Deli on Wheat Bread</b> 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	EARLY DISMISSAL  GRAB & GO LUNCH
<b>3</b> <b>Caterina's Chicken &amp; Pizza</b> 	Chicken Patty on a Roll <i>OR</i> Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <i>OR</i> Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <i>OR</i> Pizza  Fruit & Veggie of the Day Milk	Chicken Patty on a Roll <i>OR</i> Pizza  Fruit & Veggie of the Day Milk	EARLY DISMISSAL  GRAB & GO LUNCH
<b>4</b> <b>Tom's Grill and Specialties</b> 	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll <i>OR</i> Super Nachos w/Lettuce & Tomato Fruit & Veggie of the Day Milk	EARLY DISMISSAL  GRAB & GO Lunch
<b>5</b> <b>Farm Fresh Salads, Wraps, Parfaits</b> 	<ul style="list-style-type: none"> <li>• Specialty Salad: Tropical Chicken</li> <li>• Specialty Wrap: Pesto Chicken</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> <li>• Specialty Salad: Tropical Chicken</li> <li>• Specialty Wrap: Pesto Chicken</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> <li>• Specialty Salad: Tropical Chicken</li> <li>• Specialty Wrap: Pesto Chicken</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day Milk	<ul style="list-style-type: none"> <li>• Specialty Salad: Tropical Chicken</li> <li>• Specialty Wrap: Pesto Chicken</li> <li>• Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day Milk	EARLY DISMISSAL
Lunch is \$4.00 or Free for those who qualify. Please pay by cash, Check (made out to Simsbury Public Schools Cafeterias) or on-line at <a href="http://www.MyPaymentsPlus.com">www.MyPaymentsPlus.com</a> . Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A la carte items is also available for purchase daily.					
Breakfast is free for all students for the 2023/2024 school year. BREAKFAST IS SERVED DAILY IN THE CAFETERIA					