

Simsbury Public Schools

- Simsbury High School
- Henry James Memorial School
- Elementary Schools

Leadership Team Focus: Rethinking School Start Times

BOE Meeting
February 27, 2018

Our goal (2017-18) :

Identify the **potential benefits and questions** associated with moving our high school/middle school start times later in the morning.





We are not
alone

Other Connecticut Districts Investigating School Start Times:

- Simsbury
- West Hartford
- South Windsor

Districts That Have Altered School Start Times:

- Greenwich
- Newtown
- Wilton
- Newton, Massachusetts

Overview of our work (2017-18):



September 27:

- Getting Started...Why Consider Making the Change?
- Preparing Student/Parent/Faculty Survey



November 30 : Debrief of Research (Benefits/Questions)



January 18: Dr. Daniel McNally

UConn Sleep Expert



January 25: Athletics and Extracurriculars /
Review Survey Results

March 29: Transportation Overview

May 24: Benefits/Questions for Presentation to BOE



As We Learn More, Our List Will Grow...

Potential Benefits:



Questions:



What might a
change look
like...

To be determined...



Long Range Planning

(Pending Direction from BOE)

How might a change in start
time occur,

*if our exploration shows
that the benefits outweigh
our questions?*

2017-2018 Exploration
(presentation of findings to the BOE)

2018-2019 Planning

2019-2020 Implementation

BOE Meeting

June 12, 2018

- Presentation of Benefits and Questions from the SPS Leadership Team 2017-18 Study
- Gather Input and Direction for Next Steps