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Nutrition Facts	
Serving Size 32g	
Servings Per Container 1	
Amount Per Serving	
Calories 190	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 9.1g	
Linolenic 637mg	
Linoleic 4641mg	
Monounsaturated Fat 3g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 12g	4%
Dietary Fiber 3g	12%
Soluble Fiber .5g	
Insoluble Fiber 2.5g	
Sugars 8g	
Protein 6g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
Thiamin 0%	Vitamin B6 0%
Folate 0%	Magnesium 0%
Zinc 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 50g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS:

Roasted Soybeans (Non-GMO), Naturally Pressed Soy Bean Oil, Granulated Cane Juice, Cocoa, Palm Oil, Natural Vanilla.



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Nutrition Facts	
Serving Size 2Tbsp	
Servings Per Container 1	
Amount Per Serving	
Calories 190	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 02.5g	12%
Trans Fat 0g	
Polyunsaturated Fat 9g	
Linolenic 637mg	
Linoleic 4641mg	
Monounsaturated Fat 2.4g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 3g	12%
Soluble Fiber .5g	
Insoluble Fiber 2.5g	
Sugars 3g	
Protein 7g	
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 2%
Thiamin 0%	Vitamin B6 0%
Folate 0%	Magnesium 0%
Zinc 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 50g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS:

Roasted Soybeans (Non-GMO), Naturally Pressed Soy Bean Oil, Maltodextrin (from Corn), Granulated Cane Juice, Palm Oil, Salt