



SEED PM Care Schedule

Central School



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|---|---|---|---|
| 2:50 - 3:00 | Sign In | Sign In | Sign In | Sign In | Sign In |
| 3:00 - 3:25 | Outside active play/ group games in Gym | Outside active play/ group games in Gym | Outside active play/ group games in Gym | Outside active play/ group games in Gym | Outside active play/ group games in Gym |
| 3:25 - 4:00 | Homework Time and Quiet games | Homework Time and Quiet games | Homework Time and Quiet games | Homework Time and Quiet games | Kids Choice |
| 4:00 - 4:30 | Handwashing, bathroom break, Snack Time | Handwashing, bathroom break, Snack Time | Handwashing, bathroom break, Snack Time | Handwashing, bathroom break, Snack Time | Handwashing, bathroom break, Snack Time |
| 4:30 - 5:15 | Group Games and Active Play | Activity Stations | Group Games and Active Play | Activity Stations | Group Games and Active Play |
| 5:15 - 5:45 | Activity Stations | Group Games and Active Play | Activity Stations | Group Games and Active Play | Activity Stations |
| 5:45 - 6:00 | Clean up, Free play, Pick up Time | Clean up, Free play, Pick up Time | Clean up, Free play, Pick up Time | Clean up, Free play, Pick up Time | Clean up, Free play, Pick up Time |

Please note this schedule is subject to change depending on availability of building space, weather, thematic programming etc.

Please see weekly calendar for more details of daily activities.

Homework Club - The children will have a quiet atmosphere needed to complete their homework. Staff will be available to help, however this is not one on one tutoring. We suggest that parents continue to check their child's work

For those not needing homework club, they will be able to play quiet table games and puzzles.

Snack - Snacks will be provided by the SEED Program. Children may bring in their own snacks however, due to children with allergies, we request that you refrain from peanut or tree nut snacks.

Activity Stations - Every day, different stations will be presented to the children. These stations may include, but not limited to, arts and crafts, science, math, building and imaginative play, table games, puzzles and literature.