



Hello and Welcome!

We hope that this book is helpful and that you learn everything that you are curious about with the SEED Program.

If there is anything else that you want to know about, please ask!

We have very friendly staff here at the SEED Program, and we can't wait to get to know you!

Please make sure you fill out the homework and behavior contract so we can make sure this year is the best it can possibly be!

Sincerely,

SEED Program Staff

Children Grow With SEED!

# Table of Contents

---

Program Description .....	3
Character Traits.....	3
Where Do I Go?.....	4
What Will We Do? .....	4
Lunch and Snacks.....	3
Toys from Home .....	3
Going Back to the Classroom.....	5
Gum and Candy.....	5
Behavior Policy .....	7
Homework Time .....	7
Family Fun Nights.....	8

## Program Description

---

The SEED Program is a fun place to be after school (and before school at Squadron Line, too!), which is held at each elementary school in Simsbury.

Every day there are lots of activities for you to choose from; you can play in the gym or outside, do arts and crafts, or play board games. There are math, science and literacy games, too!

If you want to know what types of things you will be doing for the week, just look at the lesson plans that are posted on the bulletin board in your cafeteria.

## Character Traits

---

SEED has three character traits:

**RESPECT**

**RESPONSIBILITY**

**KINDNESS**

The SEED teachers use these words often to teach everyone how to make good choices.

## Where Do I Go?

---

At the end of the day, when dismissal is going on, you will hear the announcement for all SEED students to report to the cafeteria. That's where you need to go!

Make sure you listen carefully, because sometimes SEED has to meet in different spots in the school!

## What Will We Do?

---

Every day, you need to make sure you sign in with the teachers at SEED. This way, we will know that you made it to the program safe and we will not have to worry.



Once you have signed in, the fun begins!

Sometimes you will start your day by going outside right away, and other days you may stay inside and play board games and other fun activities.

Throughout the week you will have lots of options. During activity stations, you will get to choose what you want to do. Some activities that we have are arts and crafts, science experiments, math games, literacy games, and sometimes blocks or Legos.

Almost every day you will participate in a group game and free play on the playground or in the gym.

We have lots of fun things planned throughout the school year, like Fit4Fun and Global Arts programs, which give you extra enrichment in physical activity and the arts.

If you want to know what specific games are going to be played each week, look at the lesson plans on the bulletin board in your cafeteria.

## Lunch and Snacks

---

Every day, SEED provides breakfast if you attend in the mornings (Squadron Line only) and a snack in the afternoon.

The snack menu is posted on the bulletin board, so you can check it at any time.

If you do not like the snack being offered, and you have a snack from home that is comparable to what is being served, you must have the site manager check it before you can eat it. We have lots of other kids with food allergies, and we want to keep everyone safe!



## Toys from Home

---

Please do not bring in your toys from home! This includes any electronic devices like your iPod, iPad, Kindle, cell phone, Nintendo Game Boy or DS. Unfortunately, the SEED program cannot be responsible if it gets lost, stolen, or broken.

# Going Back to the Classroom

---

It is really important that you remember everything that you need before you come to SEED, however, we know that sometimes things get left behind accidentally.

Depending on what you left in your class and what time you remember will determine whether or not you can go back to your class and get it.

Try to not have to take the chance of possibly not being able to go back and remember everything you need the first time!

## Gum and Candy

---

Gum and candy are not allowed at the SEED program. It is a distraction to everyone else in the program if you bring it in, not to mention the safety concerns with chewing gum!!!!

Anyone who is caught with gum or candy will be asked to throw it away.



It is important that everyone follows these rules at SEED for the AM care, PM care, snow day, vacation day and even half day programs.

# Behavior Policy

---

All students will be held accountable for maintaining appropriate behaviors while in the SEED program.

The SEED program follows the same rules as the school you attend.

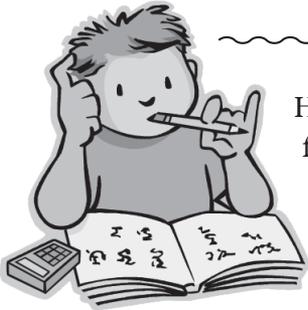
Sometimes, if you are misbehaving, you may have to sit in “time out.” This means that you have a few minutes that you are not allowed to participate with the rest of the group.

If you continue to misbehave, your parent may be called; and for very serious misbehaving like fighting, swearing or hurting another person in the program on purpose, you could even get suspended.

No one wants that, so let’s just all agree to follow the rules!

## Homework Time

---



Homework time happens every day except for Fridays. (There is no homework given on Fridays! yay!)

You need to decide with your parents and fill out the homework contract as soon as possible. This way, the SEED staff know where to send you when homework time begins.

We try to always have available a quiet place to do homework as well as provide the materials you need, including pencils, paper, calculators and even index cards.

Typically homework time lasts about 30 minutes. So if you do not finish your homework in that time, you will be allowed additional time to work on homework during SEED's activity time.

## Family Fun Nights

---

A few times a year, the SEED program will hold a Family Fun Night for everyone who attends SEED.

Everyone will receive a flyer that has all of the dates, times and what we are doing within the first few weeks of September.

Some activities that we have done are:

- Harvest Festival
- Gingerbread Houses
- Game Night
- Talent Show

The flyer will go home with more details, so just check it out!!!

*Children Grow With SEED!*

