

- » Use walkways where possible.
- » Obey all traffic signs and signals
- » Choose routes that provide space to walk and have the least amount of traffic and lowest speeds.
- » Look for traffic at all driveways and intersections.
- » If possible, cross at a crosswalk or at an intersection with a walk signal.
- » Stop at the curb and look for traffic in all directions (left, right, left, to the front and behind).
- » Wait until no traffic is coming and start crossing; keep looking for traffic as you cross the road.
- » Walk across the road. Do not run.
- » Avoid poison ivy and check for ticks.
- » Always wear a helmet when biking.



Why walk or bike to school?

To help kids...

- ✓ Reach the recommended goal of 60 minutes of physical activity every day.
- ✓ Arrive at school energized & ready to learn.
- ✓ Leave the car behind & reduce dependence on fossil fuels.
- √ Take an active role in their well-being.
- ✓ Learn more about the world around them.

To help communities...

- ✓ Support bicycle and pedestrianfriendly infrastructure.
- ✓ Reduce speeds in school zones & neighborhoods.
- ✓ Provide education on pedestrian and bicycle safety.
- ✓ Build a sense of neighborhood.

www.saferoutesinfo.org
www.ctsaferoutes.org

www.walkitbikeitct.org



Safe Routes to School

Tootín' Hílls School West Símsbury, CT

Getting to Tootin' Hills School

